

# Second Hand Heart

COPPER KNOB  
STEPSHEETS

拍数: 64      墙数: 4      级数: Intermediate  
编舞者: Maggie Gallagher (UK) - October 2015  
音乐: Second Hand Heart (feat. Kelly Clarkson) - Ben Haenow : (amazon)



Intro: □ 8 counts

## S1: TOUCH BALL CROSS, SIDE, ¼ L SAILOR, WALK R, ½ R, ½ R SHUFFLE

1&2,3      Touch right next to left, Step on ball of right, Cross left over right, Step right to right side  
4&5      Cross left behind right, ¼ left stepping right to right side, Step forward on left [9:00]  
6-7      Walk forward right, ½ right stepping back on left [3:00]  
8&1      ¼ right stepping right to right side, Step left next to right, ¼ right stepping forward on right [9:00]

## S2: ROCK FWD, ½ L SHUFFLE, ¼ L SIDE, L SAILOR

2-3      Rock forward on left, Recover on right  
4&5      ¼ left stepping left to left side, Step right next to left, ¼ left stepping forward on left [3:00]  
6      ¼ left taking big step on right to right side [12:00]  
7&8      Cross left behind right, Step right to right side, Step left to left side \*Restart Wall 2

## S3: CROSS ROCK, TRIPLE FULL TURN, ROCK FWD, JUMP BACK L, R, WALK BACK

1-2      Slightly cross rock right over left, Recover on left  
3&4      Triple full turn right stepping right left right  
5-6      Rock forward on left, Recover on right  
&7-8      Jump back and out on left, Jump back and out on right, Walk back on left

## S4: ROCK BACK, R KICK BALL CHANGE, R DOROTHY, L DOROTHY

1-2      Rock back on right, Recover on left  
3&4      Kick right forward, Step right next to left, Step left next to right  
5-6&      Step forward right, Lock left behind right, Step forward right  
7-8&      Step forward left, Lock right behind left, Step forward left

## S5: SIDE ROCK & SIDE ROCK, CROSS, ¼ L, ½ L SHUFFLE

1-2      Rock right to right side, Recover on left  
&3-4      Step right next to left, Rock left to left side, Recover on right  
5-6      Cross left over right, ¼ left stepping back on right [9:00]  
7&8      ¼ left stepping left to left side, Step right next to left, ¼ left stepping forward on left [3:00]

## S6: WALK R, L, ANCHOR STEP, BACK L, R, L COASTER

1-2      Walk forward right, Walk forward left  
3&4      Lock right behind left, Step weight onto left, Step slightly back on right  
5-6      Walk back left, Walk back right  
7&8      Step back on left, Step right next to left, Step forward on left

## S7: ROCK FWD & TOUCH, UP, DOWN & ROCK FWD & POINT L & R

1-2      Rock forward on right, Recover on left  
&3&4      Step back on right, Touch left toe forward, Bump hips up, Bump hips down (weight on right)  
&5-6      Step left next to right, Rock forward on right, Recover on left  
&7&8      Step right next to left, Point left to left side, Step left next to right, Point right to right side

## S8: R SAILOR, BEHIND SIDE CROSS, JUMP OUT R, L, WALK BACK, L COASTER

1&2      Cross right behind left, Step left to left side, Step right to right side  
3&4      Cross left behind right, Step right to right side, Cross left over right

&5-6            On slight right diagonal jump out right, Jump out left, Walk back right  
7&8             Straightening up step back on left, Step right next to left, Step forward on left [3:00]

**RESTART: Wall 2 after 16 counts [3:00]**

**ENDING: The dance finishes on S8 counts 1&2, replace these counts with a sailor  $\frac{1}{4}$  right to finish at 12:00**

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