

AB Moves Like Jagger

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Absolute Beginner
编舞者: Helena-Marie Christiansen (SWE) - October 2015
音乐: Moves Like Jagger (feat. Christina Aguilera) - Maroon 5



Out – Out – In – In x 2

- 1 – 2 Step forward on right heel, slightly to right side. Step forward on left heel, slightly to left side
- 3 – 4 Step back in place on right, step back in place on left
- 5 – 6 Step forward on right heel, slightly to right side. Step forward on left heel, slightly to left side
- 7 – 8 Step back in place on right, step back in place on left

Walk forward – Hips moving

- 1 – 2 Step forward on right foot, step forward on left foot,
- 3 – 4 Step forward on right foot, step left foot beside right taking weight,
- 5 – 6 Push hip to the right side, weight on right. Push hip to left side, weight on left.
- 7 – 8 Push hip to the right side, weight on right. Push hip to left side, weight on left.

Shuffle back x 2 - Vine right - touch

- 1 & 2 Step right foot back, Step left foot next to right, Step right foot back,
- 3 & 4 Step left foot back, Step right foot next to left, Step left foot back,
- 5 – 6 Step right foot right, step left foot behind right,
- 7 – 8 step right foot right and touch left toe beside right.

Vine ¼ turn left – touch – walk forward touch x 2

- 1 – 2 Step left foot left, step right foot behind left.
- 3 – 4 Turn ¼ stepping left and touch right toe beside left.
- 5 – 6 Step slightly diagonal forward on right foot and touch left toe beside right.
- 7 – 8 Step slightly diagonal forward on left foot and touch right toe beside left.

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