

Powerful

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 2 级数: Intermediate
编舞者: John Huffman (USA) - October 2015
音乐: Powerful (feat. Ellie Goulding & Tarrus Riley) - Major Lazer : (Album: Powerful)



Intro: Dance starts after 16 counts, Weight on R

Note: □ To start dance Step L fwd without 1/2 turn

1/2, Cross-Side-Behind, Behind-Side-Cross-1/4, Step-Pivot 1/2-Step, Full turn-Step-Rock

1 1) Turn 1/2 L step L fwd, sweeping R to cross L
2 a 3 2) Cross R over L a) Step L to side 3) Step R behind L, sweeping L behind R
4 & a 5 4) Step L behind R &) Step R to side a) Cross L over R 5) Turn 1/4 R step R fwd

Restart here during wall 6 by replacing the "4&a" with "4a" as described below

6 a 7 6) Step L fwd a) Pivot 1/2 R (wt to R) 7) Step L fwd, prep for L turn
8 & a 1 8) Turn 1/2 L step back on R &) Turn 1/2 L step fwd on L a) Step R fwd 1) Rock L fwd (9:00)

Recover-Ball step-Back, Coaster Step, Walk x 3 w sweeps, Twinkle Step-Cross

2 a 3 2) Recover to R a) Ballstep L back 3) Step R back
4 & a 5 4) Step L back &) Step R to L a) Step L fwd 5) Step R fwd sweeping L fwd
6 7 6) Step L fwd, sweeping R fwd 7) Step R fwd sweeping L fwd
8 & a 1 8) Cross L over R &) Step R to side a) Step L slightly back 1) Cross R over L (9:00)

Side-Sway-Side, Cross-Side-Behind-Side, Cross rock- Recover-Side, Behind-Side-Cross-Side

2 a 3 2) Step L to side swaying L a) Sway to R 3) Step L to side
4 & a 5 4) Cross R over L &) Step L to side a) Step R behind L 5) Step L to side

Restart here after the "a" ct during wall 3, turn 1/4 L step L fwd for count 1 to face 6:00

6 a 7 6) Cross rock R over L a) Recover to L 7) Step R to side
8 & a 1 8) Step L behind R &) Step R to side a) Cross L over R 1) Step R to side (9:00)

Back rock-Recover 1/4-Step, Step-Pivot 1/2-1/4, Behind-Side-Touch, 1/4-1/2-1/2

2 a 3 2) Rock L back a) Recover to R 3) Turn 1/4 L step L fwd
4 a 5 4) Step R fwd a) Pivot 1/2 L wt to L 5) Turn 1/4 L step R to side
6 a 7 6) Step L behind R a) Step R to side 7) Touch L to L side
8 a 1 8) Turn 1/4 L step L fwd a) Turn 1/2 L step R back 1) Turn 1/2 L stepping L fwd to start dance (6:00)

Restart: After 20 counts (4&a) of wall 3, Turn 1/4 L stepping L fwd to restart dance (6:00)

Restart: Replace the "4&a" of wall 6 with the following steps, then restart the dance facing 6:00

4 a 1 4) Step L behind R a) Step R to side 1) Step L fwd, sweeping R to cross L to Restart dance (6:00)

Repeat, Have Fun

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