

Blue Night Cha (藍夜恰恰) (zh)

COPPER KNOB
STYLEDANCE

拍数: 32 墙数: 4 级数: Beginner
编舞者: Kim Ray (UK) - 2010年07月
音乐: Blue Night - Michael Learns to Rock : (CD: 19 Love Songs)



前奏 : Intro: 16 counts 16拍後起跳

- 第一段 Right Rock Forward/Recover, Shuffle Back, Left Rock Back/Recover, Shuffle Forward 下沉 回復, 後交換, 後下沉 回復, 前交換**
- 1-2 Rock forward on right, recover back left
右足前下沉, 左足回復
- 3&4 Shuffle back stepping right, left right
後交換-右, 左, 右
- 5-6 Rock back on left, recover forward on right
左足後下沉, 右足回復
- 7&8 Shuffle forward stepping left, right left
前交換-左, 右, 左
- 第二段 Right Side Rock/Recover, Cross Shuffle, Left Side Rock/Recover, Cross Shuffle 右下沉 回復, 交叉交換, 左下沉 回復 交叉交換**
- 1-2 Side rock right, recover on left
右足右下沉, 左足回復
- 3&4 Cross right over left, step left to left side, cross right over left
右足於左足前交叉踏, 左足左踏, 右足於左足前交叉踏
- 5-6 Side rock left, recover on right
左足左下沉, 右足回復
- 7&8 Cross left over right, step right to right side, cross left over right
左足於右足前交叉踏, 右足右踏, 左足於右足前交叉踏
- 第三段 ¼ Turn Left Step Back, Step Side, Triple ½ Turn Left, Walk Back, Coaster Step 左1/4後 左, 左轉交換, 後後, 海岸步**
- 1-2 ¼ Turn left stepping back on right, step left to left side
左轉90度右足後踏, 左足左踏
- 3&4 ¼ Turn left stepping right to right side, ¼ turn left stepping left next to right, step back on right (shuffle ½ turn left)
左轉90度右足右踏, 左轉90度左足併踏, 右足後踏(轉交換)
- 5-6 Walk back on left, walk back on right
左足後走, 右足後走
- 7&8 Step back on left, step right next to left, step forward on left
左足後踏, 右足併踏, 左足前踏
- 第四段 Side Right, Together, Shuffle Forward, Side Left, Together, Coaster Step 右 併, 前交換, 左 併, 海岸步**
- 1-2 Step right to right side, step left next to right
右足右踏, 左足併踏
- 3&4 Shuffle forward stepping right, left, right
前交換-右, 左, 右
- 5-6 Step left to left side, step right next to left
左足左踏, 右足併踏
- 7&8 Step back on left, step right next to left, step forward on right
左足後踏, 右足併踏, 右足前踏

For a nice finish you will start final wall facing 3o/c – dance up to counts 3&4 of Section 2 then ¼ turn left stepping forward on left to face front and touch right next to left.

快結束時面向3點鐘跳新的牆, 跳到第二段3&4拍交叉交換, 左轉90度左足前踏, 右足併點面向前面牆做個完美的結束