

Blah Blah Blah (噠哩呱啦) (zh)

COPPER KNOB
BY PDSHEETS

拍数: 32 墙数: 4 级数: Intermediate/Advanced
编舞者: Guyton Mundy (USA) - 2010年02月
音乐: Blah Blah Blah (feat. 30H!3) - Keshia



前奏 : 36 introduction. 36拍後起跳

第一段 Kick Ball Heel Turn (With Touch), 1/2 Turn Sailor, 1/4 Turn Rock/Recover, Weave 踢併踵轉帶點, 轉水手, 1/4下沉回復, 藤步

- 1&2 Kick right foot forward, step on ball of right foot, touch left toe out to left side while turning right heel in
右足前踢, 右足踏, 右足踵向內轉左足趾左點
- 3&4 Step left behind right making a 1/4 turn left, step right behind left, step forward on left making 1/4 turn left
左轉90度左足於右足後踏, 右足於左足後踏, 左轉90度左足前踏
- 5-6 Make 1/4 turn left as you rock right out to right side, recover on left 左轉90度右足右下沉, 左足回復
- 7&8 Step right behind left, step left to left side, cross right over left 右足於左足後踏, 左足左踏, 右足於左足前交叉踏

**第二段 Heel Walks, 1/4 Turn Step Hook, Sweep Back, 1/4, 1/2, Weave
????, 1/4下沉帶後勾, 後踏帶繞, 1/4 1/2, 藤步**

- 1&2 With right foot walk heel, toe, heel to left while tapping left toe down to left side on each count
????????????
- 8&3 Make 1/4 turn left stepping forward on left, rock forward on right while hooking left behind 左轉90度左足前踏, 右足前下沉左足後勾
- 4-6 Step back on left as you sweep right out to right side, make 1/4 turn right stepping right to right side, make 1/2 turn right stepping left to left side 左足後踏右足繞, 右轉90度右足右踏, 右轉180度左足左踏
- 7&8 Step right behind left, step left to left side, cross right over left 右足於左足後踏, 左足左踏, 右足於左足前交叉踏

第三段 Diagonal Step, Touch, Kick Step, Lock Step, Kick, Rock Recover Step, Step 3/4 Spiral 斜角踏, 點, 踢, 前鎖步, 踢, 下沉回復踏, 踏 3/4

- 1-2 Take big step on left diagonally forward to left, touch right next to left 左足左斜角前一大步, 右足併點

RESTART: The restart will come on the 7th wall of the dance. You will do the first 18 counts of the dance then hold for 2 counts. You will be at counts 1-2 of the 3rd section, when you touch right to next to left just hold for 2 counts and restart the dance on the front wall. 第七面牆跳到此, 候二拍, 面向前面牆從頭起跳

- 3&4 Kick right foot forward, step down on right, lock left behind right
右足前踢, 右足踏, 左足於右足後鎖踏
- 8&5& Step forward on right, kick left foot forward, rock forward on left
右足前踏, 左足前踢, 左足前下沉
- 6& Recover on right, step forward on left 右足回復, 左足前踏
- 7-8 Step forward on right, make 3/4 spiral over left shoulder
右足前踏, 左螺旋轉270度

**第四段 Push Step, Push Step, 1/4 Sailor, Step Half Turn
推臀踏, 推臀踏, 1/4轉水手, 踏轉**

- 1-2 Touch left toe diagonally forward to left while pushing left hip out, step down on left 左足趾左斜角前點左推臀, 左足踏
- 3-4 Touch right toe diagonally forward to right while pushing right hip out, step down on right 右足趾右斜角前點右推臀, 右足踏
- 5&6 Step left behind right, step together with right, make 1/4 turn left stepping forward on left 左足於右足後踏, 右足併踏, 左轉90度左足前踏
- 7-8 Step forward on right, make 1/2 turn over left shoulder stepping forward on left 右足前踏, 左轉180度左足前踏