

Groov 'N Line

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拍数: 32 墙数: 4 级数: Absolute Beginner
编舞者: Michael & Rachel - October 2015
音乐: Groovin' with You - Gord Bamford



#16 count intro

1, 2 right walk, left walk
3 & 4 right heel & left heel (heel switches)
5, 6 right walk, left walk
7 & 8 right heel & left heel (heel switches)

1, 2 right foot rock forward, left foot recover
3 & 4 ½ turn over right shoulder & right foot shuffle forward
5, 6 left foot rock forward, right foot recover
7 & 8 left foot coaster step

1, 2, 3, 4 right foot jazz box making ¼ turn to the right
& 5, 6 right foot out, left foot out (out, out), hold
7, 8 2 hip thrusts

1, 2 right hip bumps (2x)
3, 4 left hip bumps (2x)
5, 6, 7, 8 hip rolls (for 4 counts)

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