

It's A Great Day!

COPPER KNOB
STEP SHEETS

拍数: 64 墙数: 4 级数: Improver / Intermediate
编舞者: Jessica Boström (SWE) - October 2015
音乐: It's a Great Day to Be Alive - Lee Matthews



(Start after 32 counts, 14 secs in)

S1: Side. Behind. Side. Heel. Side. Heel. Side. Heel.

1 - 4 Step R to R side. Cross Step L behind R. Step R to R side. Tap L Heel Forward.
5 - 8 Step L to L side. Tap R Heel Forward. Step R to R side. Tap L Heel Forward.

S2: Side. Cross. Side. Behind. Side. Heel. Side. Heel.

1 - 4 Step L to L side. Cross Step R over L. Step L to L side. Cross Step R behind L.
5 - 8 Step L to L side. Tap R heel Forward. Step R to R side. Tap L Heel Forward.

S3: Side. Together. Forward. Touch. Side. Together. Back. Touch.

1 - 4 Step L to L side. Step R next to L. Step Forward on L. Touch R beside L.
5 - 8 Step R to R side. Step L next to R. Step Back on R. Touch L beside R.

S4: Chassé with ¼ Turn L. Hold. Rocking Chair.

1 - 4 Step L to L side. Step Together with R. ¼ Turn L Step Forward L. Hold. (9.00)
5 - 6 Rock Forward R. Recover onto L. *R3
7 - 8 Rock Back R. Recover onto L. *R2

S5: ¼ Pivot Turn L. Heel Grind. Behind. Side Cross. Hold.

1 - 4 Step Forward on R. ¼ Pivot Turn L (weight on L). Cross Step R Heel over L. Step L to L Side as you grind R heel. (6.00)
5 - 8 Cross Step R behind L. Step L to L side. Cross Step R over L. Hold.

S6: Side. Together. Forward. Hold. Step. Lock. Step Hold.

1 - 4 Step L to L side. Step R next to L. Step Forward on L. Hold.
5 - 8 Step Forward on R. Lock L behind R. Step Forward on R. Hold. *R1

S7: ½ Pivot Turn R. Hold. ¼ Turn L. ½ Turn L. Cross. Hold.

1 - 4 Step Forward L. 1/2 Turn R (weight on R). Step Forward on L. Hold. (12.00)
5 - 8 Turn ¼ L Stepping R to R Side. Hinge Turn ½ L Step L Stepping L to L Side. Cross Step R over L. Hold. (3.00)

S8: Side Rock. Forward Rock. Coaster Step. Hold.

1 - 4 Rock to L with L. Recover onto R. Rock Forward with L. Recover onto R.
5 - 8 Step Back on L. Step R next to L. Step Forward on L. Hold. (3.00)

Restarts:-

*R1: Wall 2 dance up to count 47 then change count 48 to Step L beside R, ready to start again with R foot, (restart facing 09.00)

*R2: Wall 5 restart after count 32, (restart facing 12.00)

*R3: Wall 6 restart after count 30 (restart facing 09.00)

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Please do not alter this step sheet in anyway.