

# It Feels Good, Good, Good

**COPPER** KNOB  
BY STEPSHEETS

拍数: 32      墙数: 4      级数: Upper Beginner  
编舞者: Kathryn Sloan (AUS) - September 2015  
音乐: It Feels Good - Drake White : (Single only release)



Moves in a clockwise direction, 1 Restart  
Starts 16 counts in with weight on left □ 126 BPM

**[1 – 8] Vine right with touch, twist heel, toe, twist toe, heel (12.00) □**

1,2,3,4      Step R to right side, step L behind R, step R to right side, touch L beside R  
5,6,7,8      Twist L heel to left, twist L toe to left, twist L toe to right, twist L heel to centre

**[9 – 16] Vine left with touch, twist heel, toe, twist toe, heel \* (12.00)**

1,2,3,4      Step L to left side, step R behind L, step L to left side, touch R beside L  
5,6,7,8      Twist R heel to right, twist R toe to right, twist R toe to left, twist R heel to centre

**[17 – 24] Step, kick, back, touch, step, kick, back, touch (12.00)**

1,2,3,4      Step forward on R, kick L forward, step back on L, touch R beside L  
5,6,7,8      Step forward on R, kick L forward, step back on L, touch R beside L

**[25 – 32] 1/8 paddle, 1/8 paddle, 45 heel, 45 heel □ (9.00)**

1,2,3,4      Step R foot forward and paddle 1/8 left weight to L, step R foot forward and paddle 1/8 left weight to L  
5,6,7,8      Present R heel forward at 45°, replace R beside L, present L heel forward at 45°, replace L beside R

**[32] counts**

**Repeat**

**Restart: On wall 3 – dance up to count 16\* then Restart the dance facing 6:00 o'clock.**

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