

Git Down

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Paul Snooke (AUS) & Kate Moore (AUS) - October 2015
音乐: I Came to Git Down - Big & Rich : (Album: Gravity)



Dance Sequence: 64,16, 64,16, 64, 68,8, 64, 56

[1-8] SHUFFLE R, STEP L BACK, REPLACE, STEP L, ½ HITCH, STEP R SIDE, ½ HITCH

- 1&2-3-4 Step R to R side, Step L together, Step R to R side (side shuffle), Step L back, Replace the weight onto R
- 5-6-7-8 Step L to L side, Turning ½ over the R shoulder hitch R knee, Step R to R side, Turning ½ over the R shoulder hitch L knee

[9-16] SHUFFLE L, STEP R BACK, REPLACE, STEP R, ½ HITCH, STEP L SIDE, ½ HITCH

- 1&2-3-4 Step L to L side, Step R together, Step L to L side (side shuffle), Step R back, Replace the weight onto L
- 5-6-7-8 Step R to R side, Turning ½ over the L shoulder hitch L knee, Step L to L side, Turning ½ over the L shoulder hitch R knee (**)

[17-24] SHUFFLE FWD, STEP L FWD, PIVOT ½, SHUFFLE FWD, STEP R FWD, PIVOT ¼

- 1&2-3-4 Step R forward, step L together, Step R forward (fwd shuffle), Step L forward, Pivot ½ over R shoulder
- 5&6-7-8 Step L forward, step R together, Step L forward (fwd shuffle), Step R forward, Pivot ¼ over L shoulder

[25-32] KICK, BALL CHANGE, KICK, BALL CHANGE, STEP R FWD, PIVOT ½, TURN ¼ STEP R SIDE, KICK L

- 1&2-3&4 Kick R forward, Step R slightly back, Step L forward (ball change), Kick R forward, Step R slightly back, Step L forward (ball change)
- 5-6-7-8 Step R forward, Pivot ½ over L shoulder, Turning ¼ over L shoulder step R to R side, Kick L foot out to L diagonal (***)

[33-40] BEHIND, SIDE, CROSS, KICK, BEHIND, SIDE, CROSS, KICK

- 1-2-3-4 Step L behind R, Step R to R side, Cross L over R, Kick the R to R diagonal
- 5-6-7-8 Step R behind L, Step L to L side, Cross R over L, Kick the L to L diagonal

[41-48] BACK, KICK, BACK, KICK, STEP L BACK, REPLACE, ½ TURN, ½ TURN

- 1-2-3-4 Step L back, Kick R to R diagonal, Step R back, Kick L to L diagonal
- 5-6-7-8 Step L back, Replace weight onto R foot, Turning ½ over R shoulder step L back, Turning ½ over R shoulder step R forward

[49-56] L HEEL & R HEEL & STEP L FWD, REPLACE, ½ SHUFFLE, ½ SHUFFLE

- 1&2&3-4 Place L heel forward, Step L together, Place R heel forward, Step R together, Step L forward, Replace weight onto R,
- 5&6-7&8 Turning ½ turn over L shoulder Step L forward, step R together, Step L forward (1/2 shuffle) Turning ½ over L shoulder step R back, Step L together, Step R back (1/2 shuffle)

[57-64] COASTER STEP, WALK R,L, SAMBA, CROSS L OVER, TWIST HEELS OUT & IN

- 1&2-3-4 Step L back, Step R together, Step L forward (coaster step), Step R forward, Step L forward
- 5&6-7&8 Cross R over L, step L to L side, Step R to R side (samba step), Cross L over R, Twist heels out, Twist heels in

RESTART: On wall 2 & 4 restart the dance again after 16 counts of the dance ()**

TAG 1: On wall 6 after the first 32 counts, hold for 4 counts and continue on with the dance. Shout the count out 1,2,3,4 (*)**

TAG 2: Once you complete wall 6 add this 8 count tag on and then start the dance again facing the back wall

1-2-3-4 Stomp R forward, Hold, Stomp L forward, Hold

5-6-7-8 Stomp R forward, Stomp L forward, Stomp R forward (keep weight on L), Hold

ENDING: On wall 7 dance up to count 56 then turn another ¼ over the L shoulder stepping L to L side hold arms out to the sides (L arm slightly down and the R arm slightly up) looking at the front

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