

I'm Outta Here

COPPER KNOB
BY STEPHENETS

拍数: 32 墙数: 4 级数: Intermediate / Advanced
编舞者: Alison Metelnick (UK) & Peter Metelnick (UK) - October 2015
音乐: (If You're Not In It for Love) I'm Outta Here! - Shania Twain : (amazon)



Start after 16 count intro – [3mins 48secs – 120 bpm]

Main dance intermediate, additional add ons make it advanced – have fun!

MAIN DANCE:

[1-9] □ R fwd, L fwd rock/recover, L back cha, R rock back/recover, R side cha

- 1-3 Step R forward, rock L forward, recover weight on R
- 4&5 Step L back, step R together, step L back
- 6-7 Rock R back, recover weight on L
- 8&1 Step R side, step L together, step R side (right foot towards right diagonal)

[10-16] □ L cross rock/recover, ¼ L cha, L full turn fwd or sexy Shania walks fwd, R fwd

- 2-3 Cross rock L over R, recover weight on R
- 4&5 Turning ¼ left step L forward, step R together, step L forward (9 o'clock)
- 6-7 Turning ½ left step R back, turning ½ left step L forward (9 o'clock)
- 8 Step R forward

[17-25] □ L fwd, R fwd, ½ L pivot turn, R fwd cha, L fwd, R side point, R behind-side-cross

- 1-3 Step L forward, step R forward, pivot ½ left (3 o'clock)
- 4&5 Step R forward, step L together, step R forward
- 6-7 Step L forward, point R side
- 8&1 Cross step R behind L, step L side, cross step R over L

[26-32] □ L side rock/recover, L behind side cross, ¼ L step R back, ¼ L step L fwd

- 2-3 Rock L side, recover weight on R
- 4-5 Cross step L behind R, step R side
- 6-8 Cross step L over R, turning ¼ left step R back, turning ¼ left step L forward (9 o'clock)

SEQUENCE: (it's not as difficult as it seems □)

Dance first 4 walls then add TAG 1: facing front wall

Dance 1 more complete wall then dance next wall up to & including count 23 (the R side point) you will be facing front wall modify counts 24& to: R back rock/recover then add on TAG 2 & TAG 3, you will end facing back

Dance 2 more walls then add TAG 1: facing front wall

Dance 1 more complete wall then dance next wall up to & including count 23 (the R side point) you will be facing front wall modify counts 24& to: R back rock/recover then add on TAG 2, you will end facing front

Dance 1 more wall to face 9 o'clock

BIG ENDING: ½ left pivot, ¼ left pivot to face 12 o'clock then add counts 1-&5 of Tag 2 as follows:

Stomp R side, stomp L apart, slap R thigh with R hand, slap L thigh with L hand, clap hands together and Ta-Da!

Strike a pose! You have reached your final destination!

TAG 1 – 16 counts

T1[1-8] □ R fwd, L fwd, R mambo step, L back, R back, L coaster step

- 1-2 Step R forward, step L forward
- 3&4 Step R forward, transfer weight to L, R back
- 5-6 Step L back, step R back
- 7&8 Step L back, step R together, step L forward

T1[9-16]□Stomp R/L apart, slap R thigh, slap L thigh, double clap hands tog, click fingers on L hand (waist level) bumping hips to L

- 1-2 Stomp R side, stomp L apart
- 3-4 Slap R thigh with R hand, slap L thigh with L hand
- &5 Clap hands together, clap hands together
- 6-8 Bump hips left and raise left hand to waist level and at the same time click fingers on left hand – 3 times (weight on left)

TAG 2 – 12 counts

T2[1-12]□Stomp R/L apart, slap R thigh, slap L thigh, double clap hands tog, bumping hips to L click fingers on L hand (waist level)

- 1-2 Stomp R side, stomp L apart
- 3-4 Slap R thigh with R hand, slap L thigh with L hand
- &5 Clap hands together, clap hands together
- 6-7 Slap R thigh with R hand, slap L thigh with L hand
- &8 Clap hands together, clap hands together
- 9-12 Bump hips left and raise left hand to waist level and at the same time click fingers on left hand – 4 times (weight on left)

TAG 3 – 20 counts

T3[1-4]□Cross unwind full L turn

- 1-4 Cross unwind R over L and unwind full turn left slowly over 4 counts to end facing front wall (12 o'clock)

T3[5-12]□R fwd, L fwd, R mambo step, L back, R back, L coaster step

- 1-2 Step R forward, step L forward
- 3&4 Step R forward, transfer weight to L, R back
- 5-6 Step L back, step R back
- 7&8 Step L back, step R together, step L forward

T3[13-20]□¼ L pivot, R cross shuffle, L rock/recover, ¼ L toaster step

- 1-2 Step R forward, pivot ¼ left (9 o'clock)
- 3&4 Cross step R over L, step L side, cross step R over L
- 5-6 Rock L side, recover weight on R
- 7&8 Turning ¼ left step L back, step R together, step L forward (6 o'clock)

Contact ~ Tel: 01462 735778 - Email: info@thedancefactoryuk.co.uk - Website: www.thedancefactoryuk.co.uk
