

# Black Betty

拍数: 32      墙数: 2      级数: Improver  
编舞者: Nathan Gardiner (SCO) - October 2015  
音乐: Black Betty - Tom Jones



Intro: 16 counts on heavy beat

## SKATE RIGHT, SKATE LEFT, SHUFFLE FORWARD, 1/4 LEFT, 1/2 LEFT, CHASSE 1/4 LEFT

1-2            Skate forward on right, Skate forward on left  
3&4           Step forward on right to right diagonal, Step left next to right, Step forward on right to right diagonal  
5-6           1/4 Left stepping forward on left, 1/2 Left stepping back on right  
7&8           1/4 Left stepping left to left side, Step right next to left, Step left to left side

## CROSS ROCK, RECOVER, &, TOUCH, &, TOUCH, ROCK BACK, RECOVER, KICK & POINT

1-2            Cross rock right slightly over left, Recover on left  
&3&4          Step back on right, Touch left next to right, Step back on left, Touch right next to left  
5-6            Rock back on right, Recover on left  
7&8            Kick right foot forward, Step right next to left, Point left toes to left side

## CROSS SAMBA, CROSS SAMBA, MAMBO STEP, TOUCH ACROSS, TOUCH OUT, FLICK

1&2            Cross step left over right, Rock out to right side, Recover on left  
3&4            Cross step right over left, Rock out to left side, Recover on right  
5&6            Rock forward on left, Recover on right, Step back on left  
7&8            Touch right toes across left, Touch right toes to right side, Flick right behind left

## STEP FORWARD, ROCK FORWARD, RECOVER, 1/2 SHUFFLE LEFT, KICK & TOUCH, HIP BUMP

1              Step forward on right  
2-3            Rock forward on left, Recover on right  
4&5            1/2 Turn shuffle left stepping Left, Right, Left  
6&7            Kick right foot forward, Step right next to left, Touch left next to right  
&8&            Bump left hip forward to left diagonal, Bump left hip back to centre, Step forward on left

Contact: [nathan.gardiner1998@hotmail.co.uk](mailto:nathan.gardiner1998@hotmail.co.uk)