

No Cheating (aka My Babe)

COPPER KNOB
STEP SHEETS

拍数: 32 墙数: 2 级数: Beginner
编舞者: Sue Ann Ehmann (USA) - October 2015
音乐: My Babe - Martina McBride : (CD: Everlasting)



Intro: 16 counts (Lyrics) No Tags, No Restarts

Special thanks to Aline Goodman for the song suggestion!

[1-8] □ OUT, OUT, BACK ROCK, RECOVER, SIDE, CROSS, SIDE, 1/4 LEFT SAILOR

1-2, Step right to side, step left out to side
3&4 Rock right behind left, recover, step right to side
5-6 Step left across right, step right to side
7&8 Sweep left behind right turning 1/4 left, step right to side, step left slightly forward □ 9:00

[9-16] □ TOUCH FORWARD, TOUCH BACK, TRIPLE FORWARD, STEP, PIVOT 1/4 □ RIGHT, COASTER

1-2 Touch right forward, touch right back
3&4 Step right forward, step left beside right, step right forward
5-6 Step left forward, pivot 1/4 right stepping right to side □ □ □ □ 12:00
7&8 Step left back, step right beside left, step left forward

[17-24] □ CHARLESTON KICK, HIP BUMPS HIGH AND LOW (a.k.a. DRESSER DRAWERS)

1-4 Kick right forward, step right back, touch left back, step left forward
5&6& Touch right foot slightly forward and bump hips right raising body slightly (5), □ bump hips left returning body to center (&), bump hips right lowering body slightly (6), bump hips left returning body to center (&)
7&8& Bump hips right raising body slightly (7), bump hips left returning body to □ center (&), bump hips right lowering body slightly (8), bump hips left returning body to center (&)

Easier option for the "Dresser Drawer" hip bumps: Just bump your hips right, left, right, left, right, left, right, left.

[25-32] FORWARD ROCK, RECOVER, LOCK STEP BACK, BACK ROCK, RECOVER, TRIPLE 1/2 TURN RIGHT

1-2 Rock right forward, recover left
3&4 Step right back, step left across right, step right back
5-6 Rock left back, recover right
7&8 Turning 1/4 right step left to side, step right beside left, turn 1/4 right stepping left back 6:00

START AGAIN

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