

Forever And Ever

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Beginner
编舞者: Bob Francis (UK) - September 2015
音乐: Buck Owens Medley - Nathan Carter : (CD: The Way That You Love Me)



S1: □ HEEL STRUTS X 2, SIDE MAMBO, HEEL STRUTS X 2, SIDE MAMBO

1&2& Right heel forward, Step down on Right toe, Left heel forward, Step down on left toe.
3&4 Rock Right to Right side, Recover on Left, Step Right next to Left.
5&6& Left heel forward, Step down on Left toe, Right heel forward, Step down on Right toe.
7&8 Rock Left to Left side, Recover on Right foot, Step Left next to Right.

Option: On the& count in the heel struts clap your hands.

S2: TOUCH KICK CROSS, BACK LOCK STEP, FORWARD KICKS X 3, BACK ROCK TOUCH

1&2 Touch Right toe next to left, Kick Right forward, Cross Right over Left
3&4 Step back on Left, Cross Right over Left, Step back on Left.
&5 Kick Right forward, Step back on Right
&6& Kick Left forward, Step back on Left, Kick Right forward.
7&8 Back rock on Right, Recover on Left, Touch Right next to Left.

(Restart here in wall 11 - facing 6:00)

S3: OUT IN OUT HOLD, BEHIND SIDE CROSS, OUT IN OUT HOOK QUARTER, SHUFFLE FORWARD

1&2& Touch Right toe to Right side, Touch Right toe next to Left, Touch Right toe to Right, Hold.
3&4 Step Right behind Left, Step Left to Left side, Cross Right over Left,
5&6& Touch Left toe to Left side, Touch Left toe next to Right, Touch Left toe to Left side, Hook
Left foot across Right shin, Making a quarter turn Left.
7&8 Step forward on Left, Step Right next to Left, Step forward on Left.

S4: CHARLESTON , FORWARD LOCKSTEP, PIVOT HALF TURN STEP

1-2 Sweep Right foot forward touch Right toe in front of Left, Sweep Right back take weight on
Right.
3-4 Sweep Left foot back touch Left toe in behind Right, Sweep Left forward take weight on left.
5&6 Step forward on Right, Lock Left behind Right, Step forward on Right.
7&8 Step forward on Left, Pivot half turn Right, Step forward on Right, Step forward on Left.

TWO COUNT TAG IS NEEDED AT THE END OF WALLS 1-2 AND 12

TAG: □ WALK FORWARD ON RIGHT, WALK FORWARD ON LEFT.

(All very easy to hear in the music)

ONE RESTART IN WALL 11 FACING 6:00 (at the end of section 2)

Ending: □ Last Wall you will be facing 9:00 - Dance up to count 15 and on count 16 step forward on right making quarter turn right facing 12:00 - Ta Da!

Have Fun and enjoy

For Further information contact me at (robertdfrancis@btconnect.com)