

# Sweet Hemp Flowers

COPPERKNOB  
STEPSHEETS

拍数: 64      墙数: 2      级数: Beginner / Contra  
编舞者: Flat Guo (CN) - October 2015  
音乐: Sugar - Maroon 5



Intro: 16 counts

**(1-8 ) R side, L Together, Shuffle, Pivot turn R, Cross shuffle**

1-2            Step R to R, Step L together  
3&4            Step R forward, Step L behind R, Step R forward

**(Pass partner by partner's left)**

5-6            Step L forward, Pivot 1/2 turn R  
7&8            Step L cross over R, Step R to R, Step L cross over R

**(On partner's left)**

**(9-16) Forward, Pivot turn R, Forward, R side, Rock, Recover, Rock, Recover**

1-2&3-4        Step R forward, 1/2 turn R stepping L back, Step R in place, Step L forward, Step R to R

**(Pass partner by partner's left)**

5&6            Rock L behind R, Recover on R, Step L to L  
7&8            Rock R behind L, Recover on L, Step R to R

**(17-24) Back, Back, Coaster step, Shuffle, Shuffle, Large step, Together**

1-2            1/4 turn L stepping L back, Step R back  
3&4            Step L back, Step R together, Step L cross over R  
5&6            Step R to R, Step L together, 1/4 turn R stepping R forward  
7-8            Large step L to L, Step R together(Partners back to back)

**(25-32) Monterey turn, Dig R heel, Together, Dig L heel, Together**

1-2-3-4        Point R to R, 1/2 turn R stepping R beside L, Point L to L, Step L beside R  
5&6&&        Dig R heel forward, Step R beside L, Dig L heel forward, Step L beside R  
7&8            Step R forward and shimmyshoulder

**(33-40) Rock L, Recover, Sailor step, Rock R, Recover, Sailor step**

1-2            Rock L to L, Recover on R  
3&4            Cross L behind over R, Step R to R, Cross L over R  
5-6            Rock R to R, Recover on L  
7&8            Cross R behind over L, Step L to L, Cross R over L

**(41-48) L side, Cross, L side, Dig R, Together, Cross, Weave step, Forward, Forward**

1-2&            Step L to L, Cross R behind over L, Step L to L  
3&4            Dig R heel R diagonal, Step R beside L, Cross L over R  
5-6&            Step R to R, Cross L behind over R, Step R to R  
7-8            Step L forward, Step R forward

**(49-56) Pivot 1/2 turn L, Cross shuffle, Rock, Recover, Triple turn**

1-2            Step L forward, Pivot 1/2 turn L  
**(Pass partner by partner's left)**  
3&4            Cross L over R, Step R together, Cross L over R  
5-6            1/4 turn R rocking R forward, Recover on L  
7&8            1/4 turn R stepping R forward, 1/2 turn R stepping L back, Step R forward

**(57-64) L side, Together, Cross, Touch, Forward, Turn and back, Forward, Forward**

1-2-3-4 Step L to L, Step R together, Step L cross over R(At count 3 pass partner's left), Touch R beside L

5-6-7-8 Step R forward, 1/2 turn R stepping L back, Step R forward, Step L forward

**Have fun!**

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**Submitted by : Lily Cheng**

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