

# Do It

拍数: 32                      墙数: 4                      级数:  
编舞者: Kathryn Rowlands (WLS) - October 2015  
音乐: Some Days You Gotta Dance - The Chicks : (CD: FLY and CD: The Essential  
Dixie Chicks)



**\*There is one 8-count Tag plus Restart at Wall 4, and a 2-count Tag at \*\*Wall 9, both easily spotted.**

## [1-8] Diagonal Step-Lock-Step, Scuff x2

1-4                      Step right foot forward on right diagonal, left foot locked behind right, right foot forward, scuff left heel forward  
5-8                      Repeat beginning with left foot, right foot locked behind left, left foot forward, scuff right heel forward [12:00]

## [9-16] Diagonal Step-Touches (Claps)

1-2                      Step right foot forward on the diagonal, touch left toe beside right  
3-4                      Step left foot forward on the diagonal, touch right toe beside left  
5-6                      Step right foot back on the diagonal, touch left toe beside right  
7-8                      Step left foot back on the diagonal, touch right toe beside left [12:00]

**TAG: \*At Wall 4, at this point, facing 9:00: dance the following 8-count Tag, then Restart the dance from the beginning:**

## [1-8] Coaster, Scuff, Run

1-2                      Step right foot back, step left foot beside right  
3-4                      Step right foot forward, scuff left heel forward  
5,6,7,8                      Run forward left, right, left , pause [weight on left foot]

## [17-24] Side Shuffle Turn, Scuff, Grapevine, Scuff

1,2,3,4                      Step right foot to right side, left foot beside right, right foot to right making ¼ turn, scuff left heel forward  
5,6,7,8                      Step left foot to left side, right foot behind left, left foot to left side, scuff right heel forward [3:00]

## [25-32] Strutting Half Jazz Box, Step Together, Heel Splits (Pigeon Toes)

1-2                      Crossing right foot over left touch right toe down, slap heel down  
3-4                      Step back on left touch left toe down, slap heel down  
5-6                      Step on right foot, step left foot beside right  
7-8                      With weight equally on both feet spread heels out and in [3:00]

**\*\*At Wall 9, as the music slows, end of Count 32, facing 12:00: pause with the music, about 2 beats, then do heel splits as in counts 31-32 with the 2-beat chords, and start again from the beginning. When the dance ends you will be facing 6:00. If you wish, make 2x ¼ turns to the right to end facing 12:00 and do heel splits with the final 2-beat chords.**

**'Do It' with a smile!**