

Waiting Tables

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Maria Hennings Hunt (UK) - October 2015
音乐: Waiting Tables - Don Henley : (CD: Cass Country)



Intro: 16 counts – starts with vocals

S1: CROSS ROCK, SIDE ROCK, BACK ROCK, SHUFFLE 1/2 TURN L

1-2 Cross rock Right Foot (RF) over Left Foot (LF), recover weight LF
3-4 Rock RF to side, recover weight LF
5-6 Rock RF back, recover weight LF
7&8 Step RF fwd, close LF to RF turning 1/4 left, step RF back turning 1/4 left (6:00)

S2: BACK ROCK, STEP 1/2 TURN R (STEPPING RF TO SIDE), WEAVE 1/4 TURN R

1-2 Rock back on LF, recover weight RF
3-4 Step forward on LF, turning 1/2 to right step RF to side
5-6 Cross LF over RF, step RF to side
7-8 Step LF behind RF, step RF 1/4 turn to right (3:00)

S3: STEP 1/4 TURN R, CROSS SHUFFLE, SIDE ROCK, R SAILOR STEP

1-2 Step LF forward, pivot 1/4 turn R
3&4 Cross LF over RF, step RF to side, cross LF over RF
5-6 Rock RF out to side, recover weight LF
7&8 Sweep RF behind LF, step LF to side, recover weight on RF (6:00)

S4: L SAILOR STEP, BEHIND UNWIND 1/2 TURN R, L JAZZ BOX CROSS

1&2 Sweep LF behind RF, step RF to side, recover weight LF
3-4 Step RF behind LF, unwind 1/2 turn (weight ends on RF)
5-6 Cross LF over RF, step back RF
7-8 Step LF to side, cross RF over LF (12:00)

S5: SIDE BEHIND, CHASSE 1/4 TURN, STEP 1/2 TURN, FULL TURN

1-2 Step LF to side, cross RF behind LF
3&4 Step LF to side, close RF to LF, step LF 1/4 turn L
5-6 Step RF forwards, pivot 1/2 turn L
7-8 Step RF back turning 1/2 turn L, step RF forwards turning 1/2 turn L (3:00)

S6: FORWARD ROCK, TRIPLE FULL TURN, FORWARD ROCK, TRIPLE FULL TURN

1-2 Rock forward on RF, recover weight LF
3&4 Triple full turn Right on the spot stepping R, L, R
5-6 Rock forward on LF, recover weight RF
7&8 Triple full turn on the spot stepping L, R, L (3:00)

Replace Triple turns with COASTER STEPS for non-turning option

S7: FORWARD ROCK, CHASSE 1/4 TURN, WEAVE 1/4 RIGHT

1-2 Rock forward on RF, recover weight LF
3&4 Turn 1/4 to R stepping RF to side, close LF to RF, step RF to side
5-8 Step LF behind RF, step RF to side, step LF across RF, step RF 1/4 turn to R (9:00)

S8: PADDLE 3/4 TURN, CROSS ROCK, CHASSE LEFT

1-2 Rock LF forward turning 1/4 R, recover weight RF
3-4 Rock LF forward turning 1/2 R recover weight RF
5-6 Rock LF across RF into diagonal, recover weight RF

7&8 Step LF to side, close RF to LF, step LF to side (6:00)

TAG: End of WALL 3 - RIGHT DIAGONAL ROCKING CHAIR

1-4 Rock RF across LF, recover weight LF, rock RF back, recover weight LF

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