

Sugar

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Teri Rogers (USA) - October 2015
音乐: Sugar - Maroon 5



Start dancing on lyrics

Step Kick Forward, Step touch back x 2

1-2 Step on R, Kick L forward
3-4 Step back on L, Touch R Back
5-6 Step on R, Kick L forward
7-8 Step back on L, Step R next to L

Twist heels, toes, heels, clap, Twist heels, toes, heels, clap

1-2 Twist heels right, toes right,
3-4 Twist heels to center, clap
5-6 Twist heels left, toes Left
7-8 Twist heels to center, clap

Rock side Recover Cross hold, Rock turn ¼ Right, Step Forward, Hold

1-2 Rock R to right side, recover L
3-4 Cross R over L, hold
5-6 Rock L to left side, turn 1/4 right and step forward on R
7-8 Step L next to R, hold

SIDE SWITCHES, CLAP TWICE, HEEL SWITCHES FORWARD, HEEL-BALL CHANGE

1 & 2 & Touch right side, step right together □ Touch left side, step left together
3 & 4 Touch right side, clap, clap
5 & 6 & Touch right heel forward, step right together, Touch left heel forward, step left together
7 & 8 Touch right heel forward, Step on ball of right, change weight to left

Start Again - Happy Dancing

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