Grave Yard Smash



拍数: 64 墙数: 2 级数: Low Intermediate

编舞者: Cindy Burnett (USA) - October 2015 音乐: Monster Mash - Bobby Boris Pickett



Dance 1-64 twice, then on third repetition Restart at beginning after step 32.

#16 count intro

R SLOW MAMBO ROCK, HOLD, L SLOW MAMBO ROCK, HOLD

1-4 Rock right to side, recover left, close right beside, hold 5-8 Rock left to side, recover right, close left beside, hold

ROCK, RECOVER, SHUFFLE FWD

9-10 Rock right back, recover left11&12 Shuffle forward right, left, right

SHUFFLE FWD, STEP, TURN 1/4 L

13&14 Shuffle forward left, right left

15-16 Touch right toe forward, bend right knee slightly and turn 1/4 left on right toe

R SLOW COASTER, HOLD, TURN 1/4 LEFT, PIGEON TOE

17-20 Step right back, step left beside right, step right forward, hold

21-24 Turn ¼ left, slide right foot in beside left, fan heels to side and back to center

R VINE, L HEEL TOUCH, L VINE, R HEEL TOUCH

Step right to side, cross/step left behind, step right to side, touch left heel diagonal forward Step left to side, cross/step right behind, step left to side, touch right heel diagonal forward

R STOMP, STOMP, TWIST R HEEL, L STOMP, STOMP, TWIST L HEEL

33-36 Stomp right forward twice, twist right heel out to side and back to center Stomp left forward twice, twist left heel out to side and back to center

R STOMP, STOMP, TWIST HEELS, L STOMP, STOMP, TWIST HEELS

41-44 Stomp right forward twice, twist both heels out and back to center

45-48 Stomp left forward twice, twist both heels out and back to center R ZOMBY DRAG TWICE

Take a large step forward on right, hold, drag left up beside right for two count

Take a large step forward on right, hold, drag left up beside right for two count

ARC STEPS BACK: R, HOLD, L, HOLD, R, HOLD, L, HOLD

(Keep arcing toe on floor as you swing/drag it around behind the other foot)

Arc right foot out and swing/drag right toe around behind left foot, hold, arc left foot out and

swing/drag left toe around behind right foot, hold 61-64 □ Lean back on left pointing right toe

and twist body right, left, right, left

Arc right foot out and swing/drag right toe around to behind left foot, hold, arc left foot out and

swing/drag left toe around behind right foot, hold

Repeat

This song has a Restart: begin on step 1 after step 32 of the third repletion only.