

Meriang

拍数: 48 墙数: 4 级数: Phrased Improver
编舞者: Nurjanah Khan (INA) - September 2015
音乐: Meriang - Cita Citata



Phrased : A.A.TAG. B.B. B.B. A.A. A.A. A.A. TAG.B.B. B.B.A.
Start Dancing : (4X8)

A # - 32 counts

A1. Rocking chair – Side Chase – Hip bums

1-2 Step R forward, Step L recover
3-4 Step R back, Step L recover
5&6 Step R to side, Step L close beside R, Step R to side
7-8 Hip bums L-R

A2. Rocking chair – Side Chase – Hip bums

1-2 Step L forward, Step R recover
3-4 Step L back, step R recover
5&6 Step L to side, Step R close beside L, Step L to side
7-8 Hip bums R – L

A3. Forward – Side Touch – Forward- Recover – Causterstep

1-2 Step R forward, Step L side touch
3-4 Step L forward, Step R side touch
5-6 Step R forward, Step L recover
7&8 Step R back, Step L back close beside R, Step R forward

A4. Pivot 1/4R – Corss Shuffle – Toe Struts

1-2 Step R forwrd turn ¼ R, Step R inplace
3&4 Step L Cross over R, Step R to side, Step L Cross over R
5-6 Step R toe Forwrd, Step Step R close beside L
7-8 Step L toe Forward, Step L close beside R

B # - 16 counts

B1. Sheemy (Shake Shoulder) – Step side – Close – Sheemy (Shake shoulder) – Step Side – Close

1-2 Step R to side, Step R hold
3-4 Step R close beside L, Step R Hold
5-6 Step L to side, Step L hold
7-8 Step L close beside R, Step L hold

B2. Step Forward – Step L Forward ¼ R- Step Back- Hitch- Step Forward- Step R Forward ¼ L- Step Back – Hitch

1-2 Step R forward, Step L close turn ¼ R
3-4 Step R back, Step L Knee Up
5-6 Step L forward, Step R close turn ¼ L
7-8 Step L back. Step R Knee Up

Note # B

We do 4 wall

Tag: 4 counts

Jazz box

1-2-3-4 Step R cross over L, step L back, step R to side, step L close beside R

Do this Tag on wall 2 after phrased A facing 6 o'clock

Do this Tag on wall 12 after phrased A facing ¼ jazz box to 12 o'clock

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