Sober



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音乐: Sober - Little Big Town



Intro: 32 counts

Part A - 32 counts

A1: SIDE, LEFT CROSS/SWEEP, RECOVER, SIDE, CROSS/SWEEP, RECOVER, ROCK, RECOVER, TURN, CROSS SIDE, BEHIND

1–2& Step Right to right side, cross/sweep Left over Right, recover onto Right 12:00

3–4& Small step Left to Left, cross/sweep Right over Left, recover onto Left

5 Step Right to right side

6&7 Rock Left in front of Right, recover onto Right, ¼ turn left and step Left to left 9:00

8&1 Cross Right over Left, small step Left to side, step Right behind Right

A2: ROCK, RECOVER, 1 & 1/2 TURN RIGHT, COASTER STEP, SMALL STEPS FORWARD, ROCK

2-3 Rock Left back, recover on Right

4&5 ½ turn right and step back with Left, ½ turn right and step Right forward, ½ turn right and step

back with Left 3:00

6&7 Step Right back, Left beside Right, step Right forward

&8&1 Three small steps forward Left-Right-Left, rock Right over Left

A3: RECOVER, BESIDE, SYNCOPATED ROCKS WITH LEFT FORWARD AND SIDE AND FORWARD, BACK, 3/4 TURN LEFT, LOCK, BACK, 1/4 TURN LEFT & SIDE

2&3 Recover onto left, right beside left, rock left forward

&4&5 Recover onto R, Rock L to left, recover onto R, rock L forward

6&7& Recover back with Right, 1/4 turn left and step Left forward, 1/4 turn left and step Right to

right side, 1/4 turn left and step Left locking in front of Right 6:00

8-1 Step Right back, ¼ turn left and step Left to side 3:00

A4: NIGHT CLUB BASIC LEFT AND RIGHT, FULL TURN RIGHT, CROSSING SHUFFLE

Step Right close to Left, cross Left over Right, long step Right to side
Left close to Right, cross Right over Left, 1/4 turn right and step Left back
1/2 turn right and step Right forward, step Left forward, pivot ½ turn right 3:00

&8& Cross Left over Right, small step Right to side, cross Left over Right

Part B - 32 counts

B1: BASIC RIGHT, BASIC LEFT, SKATE X 2, SHUFFLE LOCK FORWARD

1-2& Step Right to side, Left beside Right, cross Right over Left3-4& Step Left to side, Right beside Left, small step Left over Right

5-6 Skate Right forward, Skate Left forward

7&8 Step Right forward, lock Left behind Right, rock Right forward

B2: CLOSE, CHANGE OF WEIGHT BACK AND FORWARD, ROCK FORWARD, RECOVER, SIDE ROCK, RECOVER, BEHIND SIDE CROSS

&1&2 Close Left behind Right, small rock/step forward with Right, recover to Left, change weight to

Right

&3&4 Change weight to Left, change weight to Right, change weight to Left, small step forward with

Right

5&6& Rock Left forward, recover weight back to Right, Rock Left to side, recover weight onto Right

7&8 Step Left behind Right, step Right to right, cross Left over Right

| 1-2 | Step Right to right side and sway to right, sway back to Left |
|--|---|
| 3&4 | Cross Right behind Left, step Left to side, cross Right in front of Left |
| 5-6 | Step Left to left and sway to left side, sway back to Right |
| 7&8 | Sway back again to Left, small step Right behind Left, cross Left over Right |
| B4: ROCK FORWARD, STEP, 1 ½ TURN RIGHT, SWAYS, SIDE, BEHIND, CROSS | |
| 1-2 | Rock Right forward, step return weight back to Left preparing body to turn to right |
| 3&4 | 1½ turn right and forward stepping Right-Left-Right |
| 5-6 | Sway Left to left, sway to right |
| | |

Step Left to left, step Right behind Left, cross Left over Right

B3: SWAYS, BEHIND, SIDE, CROSS, SWAYS, SWAY BEHIND CROSS

Phrased: A-B-A-B-A (16 Counts) - B (24 counts) B - A

5-6 7&8