

Strip It Down (P)

COPPER KNOB
STEPPERS

拍数: 32 墙数: 0 级数: Beginner Partner
编舞者: Kenny Mills & Darrilyn Denise James - September 2015
音乐: Strip It Down - Luke Bryan



Position: Side by Side position. Men's right arm over women's left shoulder, left hand hold.

Start on Lyrics

[1-8] Walk forward, ¼ Turn Left with Grapevine

1,2,3,4 Walk right foot, left foot, right foot, left foot

&5, 6, 7, 8 Hitch right foot while turning left & step on right (Hands: Men releases women's right hand and bring her left hand over to his head to rest on left shoulder), behind left

(Hands: Men's right hand on his hip cupped up facing the women, women places their right hand palm down), step right, touch left.

[9-16] Step Slide Step, Step, Touch, Back Slide, Back Step.

9, 10, 11, 12 Left Step forward, Slide right foot forward to left foot placing weight on right, Left Step forward, Slide right foot forward and touch.

13, 14, 15, 16 Right Step backward, Slide left foot backward to right foot placing weight on left, Right Step backward, Slide left foot backward and step (weight should be on left foot).

[17-24] □ ¼ Turn right, Men walk forward as Women spins, R Jazz Box

17, 18, 19,20 ¼ Turn right Men (Hands: Men raised right hand and spins women with right hand) Walk right, left, right, left Women Spin (r,l,r,l)

21, 22, 23, 24 Cross right F over L, Step back L, Step R, Step L..

[25-32] R Jazz box, Sway

25, 26, 27, 28 Cross R foot over left, step back on Left, step on Right, step Left.

29, 30, 31, 32 Sway, Weight is on left foot. Place right forward while swaying forward, sway backwards on left, Sway forward on right then sway backwards on left (weight is on left foot)

Repeat.

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