## Break A Heart (P)



拍数: 48 墙数: 0 级数: Improver Partner

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音乐: You Could Break a Heart Like That - Joel Crouse



Position Sweetheart Facing L.O.D.□

Men & woman's steps are identical except when indicated □

Intro de 16 counts□

Sequence of the dance: 48-48-16-48-48-16-32+Tag-48-48-16□

[1-8] □1/4 Turn, Side, Behind, Side Cross, Rumba Box,

Do not let go of hands

1-2 ¼ turn right, RF forward- LF left

Indian position facing O.L.O.D., man behind the woman

3&4 Cross RF behind LF – LF left – Cross RF in front of LF

5&6 LF left – RF next to LF – LF forward 7&8 RF right – LF next to RF – RF Back

[9-16] □Coaster 1/4 Turn, Shuffle Fwd, Skate, Skate, Shuffle Fwd,

Do not let go of hands

1&2 1/4 turn left with LF behind – RF next to LF- LF forward

Position Skaters, facing L.O.D., man on interior of circle

3&4 Shuffle RF, LF, RF forward

5-6 Skate LF forward, skate RF forward

7&8 Shuffle LF, RF, LF forward

Restart : After 16 counts Final :□After 16 counts

[17-24] □(Step Pivot 1/4 Turn) X2, Rock Step, Shuffle Back,

Let go of right handyman passes under left arm

1-2 RF forward, Pivot 1/4 turn left

Take left hand at waist, facing I.L.O.D.

3-4 RF forward - Pivot 1/4 turn left

Position Hammerlock, facing R.L.O.D.

Right hand in mans back, left hand in front of woman

5-6 Rock RF forward – Return on LF

7&8 Shuffle back RF, LF, RF

[25-32] 

Shuffle 1/2 Turn, Shuffle Fwd, Walk, Walk, Shuffle Fwd,

Let go of right hand, pass left arm over woman's head

1&2 Shuffle LF, RF, LF, 1/2 turn left

Position Skaters, facing L.O.D., man on the interior of circle

3&4 Shuffle RF, LF, RF forward
5-6 LF forward – RF forward
7&8 Shuffle forward LF, RF, LF

Tag: □At this point after 32 counts

[33-40] ☐H: Skate, Skate, Shuffle Fwd, Walk, Walk, Triple 1/4 Turn,

[33-40]□□F: Skate, Skate, Shuffle Fwd, 1/4 Turn, 1/4 Turn, Triple 1/4 Turn,

1-2 Skate RF forward, Skate LF forward

3&4 Shuffle forward RF, LF, RF

Do not let go of hands, pass left arm over woman's head

5-6 M: LF forward – RF forward

5-6 W: ¼ turn right LF forward- RF behind

Arch position, man facing L.O.D. woman facing R.L.O.D.

Left arm on top & right arm at the bottom

7&8 Triple Step LF, RF, LF, 1/4 turn right

Man facing O.L.O.D. woman facing I.L.O.D.

[41-48] □H: 1/4 Turn, Back, Triple Step, Side, Together, ShuffleFwd

[41-48] □F: 1/4 Turn Step, Triple Step, 1/2 Turn, 1/2 Turn, ShuffleFwd,

Do not let go of hands

Man passes in front of the woman under the left arm & under the right arm Leave the arms up

1-2 M: 1/4 turn left, RF forward – LF behind L.O.D.

1-2 W: 1/4 turn right, RF forward, LF behind

Position Double Cross Hand Hold, Right arm on top, facing L.O.D.

Man on the exterior of circle

3&4 Triple Step RF, LF, RF

Do not let go of hands, the woman passes under Right arm

5-6 M: LF to left side RF forward

5-6 W: 1/2 turns right, LF back - 1/2 turn right, RF forward

Position Sweetheart, facing L.O.D

7&8 Shuffle LF, RF.LF forward

Restarts:-

After the 3rd routine of the dance After the 6th routine of the dance

Do 16 counts and restart from beginning

Tag : ☐ After the 7th routine of the dance Do 32 counts and do the following tag:

[1-8]□(Step, Touch, Coaster Step,) X2

1-2 RF forward- Point LF next to RF
3&4 LF Back- RF next to LF- LF forward
5-6 RF forward- Point LF next to RF
7&8 LF back- RF next to LF, LF forward

Restart the dance from the beginning

Final □Do 16 counts and do the following steps:

[17-20] Walk, Walk, ShuffleFwd.

1-2 RF forward- LF forward 3&4 Shuffle RF, LF, RF, forward

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