

# Beat of the Music

COPPER KNOB  
STEPSHEETS

拍数: 32      墙数: 4      级数: Improver  
编舞者: Lyndy (USA) - March 2016  
音乐: Beat of the Music - Brett Eldredge



**\*\* For the Lyndy & Friends, Country Dance Workshop, Long Island, NY \*\***

#16 count intro

**[1-8] □ FWD ROCK , COASTER, FWD ROCK, TURN ¼ WITH SIDE ROCK**

1,2,3&4      Rock fwd L, recover R, step back L, step R next to L, step fwd L  
5,6,7,8&      Rock fwd R, recover L, turn ¼ right and side rock on R, recover L, & pull R next to L

**[9-16] □ 2 RIGHT SIDE SKATES, LYNDY RIGHT**

1,2      Turn 1/8 right and slide R to right side, turn 1/8 left and slide L next to R (3 o'clock)  
3,4      Turn 1/8 right and slide R to right side, turn 1/8 left and slide L next to R (3 o'clock)  
5&6      Step R to right side, step L next to R, step R to right side  
7,8      Rock back L behind R, recover R

**[17-24] □ CHASSE LEFT, RIGHT SAILOR, LEFT SAILOR WITH ¼ TURN LEFT, ½ PIVOT**

1&2      Step L to left side, step R next to L, step L to left side  
3&4      Cross R behind L, step L to left side, step R to right side  
5&6      Cross L behind R, step R to right side, turn ¼ left and step forward L  
7,8      Walk forward R, pivot 1/2 left onto L (6 o'clock)

**[25-32] □ 2 STEP TOUCHES, CROSS R OVER L, ¼ TURN , COASTER**

1,2,3,4      Step fwd R, touch L toe to left side, step fwd L, touch R to right side  
5,6      Cross R over L, turn ¼ right and step back onto L (9 o'clock)  
7&8      Step back R, step L next to R, step fwd R

**Repeat, No Tags, No Restarts, No Drama**

For more details, contact Lyndy by email at [Dantsman@aol.com](mailto:Dantsman@aol.com)