

Cross Over (平交道上) (zh)

COPPER KNOB
STYLEDANCE

拍数: 32 墙数: 4 级数: Beginner
编舞者: Scott Lanius (USA)
音乐: Heartbroke Out of My Mind - Brooks & Dunn : (CD: Hard Workin' Man)



前奏 : #20027;旋律起8 X 8拍

第一段 Right Vine 3, Taps Cross-Side-Cross-Side-Cross 右華倫步 輕點 (交叉、側、交叉、側、交叉)

- 1-3 Step Right Foot To Right, Cross-Step Left Foot Behind Right Foot, Step Right Foot To Right Side
右華倫步
- 4-8 Tap Left Toe Across Right Foot, Tap Left Toe To Left Side, Repeat 4-5, Tap Left Toe Across
Right Foot (Cross-Side-Cross-Side-Cross)
左足在右足前方輕點 (左點、右點、左點、右點、左點)

第二段 Left Vine 3, Taps Cross-Side-Cross-Side-Cross 左華倫步 輕點 (交叉、側、交叉、側、交叉)

- 1-4 Step Left Foot To Left, Cross-Step Right Foot Behind Left Foot, Step Left Foot To Left 左華倫步
- 5-8 Tap Right Toe Across Left Foot, Tap Right Toe To Right Side, Repeat 4-5, Tap Right Toe Across
Left Foot (Cross-Side-Cross-Side-Cross)
右足在左足前方輕點 (右點、左點、右點、左點、右點)

第三段 Right Vine 3, ¼ Right, Scuff, Forward 3 (With Lock), Stomp Right 右華倫步 右轉 擦踢步 前鎖步 踏併

- 1-3 Step Right Foot To Right, Cross-Step Left Foot Behind Right Foot, Step Right Foot To Right Side
右華倫步 (第三步右足同時右轉90度)。
- 4 Turn ¼ Right On Right Foot And Scuff Left Foot Forward 左足擦踢步
- 5-7 Step Left Foot Forward, Slide Right Foot To Left Of Left Foot (Lock), Step Left Foot Forward 左足
前鎖步
- 8 Stomp Right Foot Together 右足重踏併步

第四段 Heel Switches, Twist-Twist, Heel Tap, Heel Cross 踵交換前點, 扭-扭, 踵點, 踵交叉

- 1-2 Tap Left Heel Forward, Step Left Foot Together 左足 (踵) 前點, 踏併
- 3-4 Tap Right Heel Forward, Step Right Foot Together
右足 (踵) 前點, 踏併
- 5-6 Twist Both Heels To Left Bending Knees, Twist Both Heels To Center Straightening Knees 雙踵
併向左 (膝蓋彎曲), 雙踵併向中 (膝蓋伸直)
- 7-8 Tap Right Heel To Right, Bend Right Knee And Cross Right Foot In Front Of Left Foot 右足 (踵)
右點, 右膝彎曲在左足前交叉 (勾)