

San Francisco Bay Blues

COPPER KNOB
BY STEPHEN

拍数: 64 墙数: 4 级数: High Beginner
编舞者: Sonja Hemmes (USA) - September 2015
音乐: San Francisco Bay Blues - Eric Clapton : (Album: Unplugged, Deluxe Edition)



Start on Lyrics

S1: RIGHT & LEFT STEP TOUCHES, RIGHT VINE, TOUCH

1-4 Step right side, touch left together, step left side, touch right together
5-8 Step right to right side, cross left behind right, step right to right side, left touch

S2: LEFT & RIGHT STEP TOUCHES, LEFT VINE, TOUCH

1-4 Step left side, touch right together, step right side, touch left together
5-8 Step left to left side, cross right behind left, step left to left side, right touch

S3: RUMBA BOX BACK AND FORWARD WITH HOLDS

1-4 Step right to side, step left together, step right to back, left foot hold
5-8 Step left to side, step right together, step left forward, right foot hold

S4: JAZZ BOX ¼ TURN RIGHT, WEAWE RIGHT, CROSS OVER

1-4 Step right across over left, step left back, step right side ¼ turn to right, step left over right
5-8 Step right to right side, step left behind right, step right to right side, step left over right

S5: RIGHT HEEL, HOOK, HEEL, HITCH, COASTER BACK, HOLD

1-4 Tap right heel forward, heel hook in front of left, tap right heel forward, hitch right knee
5-8 Step right back, step left together next to right, step forward on right, hold

S6: LEFT SIDE TOUCH, HOLD, LEFT FOOT KICK, HOLD, COASTER BACK, HOLD

1-4 Touch left foot to left side, hold, kick left foot forward, hold
5-8 Step left back, step right together next to left, step forward on left, hold

S7: RIGHT HIP BUMPS, HOLD, LEFT HIP BUMPS, HOLD

1-4 Step right foot forward bumping hips forward, bump hips back, bump hips forward, hold
5-8 Step left foot forward bumping hips forward, bump hips back, bump hips forward, hold

S8: MONTEREY ¼ TURN RIGHT, MONTEREY ¼ TURN RIGHT

1-2 Point right to right side, ¼ turn right stepping right next to left
3-4 Point left to left side, step left next to right
5-6 Point right to right side, ¼ turn right stepping right next to left
7-8 Point left to left side, step left next to right

ENDING: After the seventh rotation, and 24 counts, facing the 6 o'clock wall, step forward on your right foot, pivot ½ left to face the front