

A Little Love Social Cha

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Beginner
编舞者: Lisa McCammon (USA) - September 2015
音乐: Put a Little Love In Your Heart - Dolly Parton



#8 count intro

Alternate music: Wasted Days And Wasted Nights by Scooter Lee, 108 BPM (evenly phrased)

Clockwise rotation; start weight on left

CHOREOGRAPHER'S NOTE: This is a teaching dance with consistent rhythm in each set to introduce triple step weight changes and combinations to students above the AB level.

There are 8 pages of 32 count beginner level social cha-chas on Kickit, so it's likely that this combination has been written already.

[1-8] □ SIDE ROCK, RECOVER, TRIPLE IN PLACE, SIDE ROCK, RECOVER, TRIPLE IN PLACE

1-2 Rock R side right, recover weight to L
3&4 Step in place RLR
5-6 Rock L side left, recover weight to R
7&8 Step in place LRL

[9-16] □ FORWARD ROCK, RECOVER, TRIPLE IN PLACE, FORWARD ROCK, RECOVER TRIPLE IN PLACE

1-2 Rock R forward, recover weight to L
3&4 Step in place RLR
5-6 Rock L FORWARD, recover weight to R
7&8 Step in place LRL

[17-24] □ ROCK FORWARD, RECOVER, TRIPLE BACK, ROCK BACK, RECOVER, TRIPLE FORWARD

1-2 Rock R forward, recover weight to L
3&4 Step back R, close L, step back R
5-6 Rock L back, recover weight to R
7&8 Step forward L, close R, step forward L

[25-32] □ ROCK FORWARD, RECOVER, COASTER STEP, STEP, TURN RIGHT ¼, CROSS-&-CROSS

1-2 Rock forward R, recover weight to L
3&4 Step back R, close L, step forward R
5-6 Step forward L, turn right ¼ [3]
7&8 Cross step L, step R side right, cross step L

***To stay on phrase, dancers have two options to accommodate the additional 8 beats of the music (it's very easy to hear).**

This will occur after the 4th repetition, facing the front wall.

Option 1, RESTART

Start your 5th repetition at the front wall then RESTART after 8 counts.

Option 2, TAG (This teaches another triple step combination and occurs facing the front so students can see.)

1-2 Rock R side right, recover weight to L
3&4 Step R behind, step side L, cross step R
5-6 Rock L side left, recover weight to R
7&8 Step L behind, step side R, cross step L

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