Say What I Feel

拍数: 32

级数: Beginner

编舞者: Billy Wells (UK) & Gavin Preedy (UK) - September 2015

音乐: Say What I Feel - The Overtones

#16 Count Intro

Section One: Point forward Right, point to the side with Right, behind side cross, Point forward Left, Point to the side with Left, Behind Side Cross

- 1 2 point forward on right, point side with right
- 3 & 4 step right behind left, step left side, cross right over left
- 5 6 point forward on left, point side with left
- 7 & 8 step left behind right, step right side, cross left over right

Section Two: Rock out to right side, Recover on left, cross shuffle, rock out to the left side, recover on right, cross shuffle

- 1 2 rock right to right side, recover weight onto left
- 3 & 4 cross right over left, step left next to right, step forward on right
- 5 6 rock left to left side, recover weight onto right
- 7 & 8 cross left over right, step right next to left, step forward on left

Restart on Wall 4 after 16 counts

Section Three: point RF to Right Side, make a ¼ right turn, hitch right knee, rock back on right, step forward left, step forward right, shuffle on left,

- 1-2 point right to right side, make a ¼ turn right
- 3 4 hitch right knee, rock back onto right,
- 5 6 step forward on left, step forward on right
- 7 & 8 step forward on left, step right next to left, step forward on left

Section Four: Mambo forward on Right, , step back on right, left coaster, jazz box 1/4, Cross

- 1 & 2 rock forward on right, recover on left, step back on right
- 3 & 4 step back on left, step right next to left, step forward onto left
- 5 6 cross right over left, step back on left
- 7 8 make a ¼ turn right to right side, crossing left over right.

Restart Dance

***Ending on Front Wall**

Contact: mrgavinteerypreedy@aol.com

Last Update – 27th Sept 2015





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