

# Carousel (旋轉木馬) (zh)

COPPER KNOB  
STEPSHETS

拍数: 64      墙数: 2      级数: Intermediate  
编舞者: Wil Bos (NL) & Roy Verdonk (NL) - 2010年10月  
音乐: Carousel - Ilse DeLange : (CD: Next To Me)



前奏 : Intro: 16 Counts 16拍後起跳

- 第一段**      **Step R, 1/8 Turn Left, Cross Behind, 1/4 Turn R, 1/4 Turn R, Cross Behind, 1/4 Turn L. Step Forward R, Pivot L.**  
**1/4右 後交叉, 1/4 1/4, 後交叉 1/4, 踏 轉**
- 1-2      1/8 turn left step right to right diagonal, Cross left behind right (step towards 01:30) 左轉45度右足右斜角踏, 左足於右足後交叉踏(面向1:30)
- 3-4      1/4 turn right step right forward, 1/4 turn right step left to left side  
右轉90度右足前踏, 右轉90度左足左踏
- 5-6      Cross right behind left, 1/4 turn left step left forward  
右足於左足後交叉踏, 左轉90度左足前踏
- 7-8      Step right forward, 1/2 turn left (07:30)  
右足前踏, 左轉180度(面向7:30)
- 第二段**      **Step R, Hold, 1/2 Turn R. (x2), Left Toe Strut, Right Toe Strut.**  
**踏 候, 轉 轉, 趾 踵, 趾 踵**
- 1-2      Step right forward, Hold 右足前踏, 候
- 3-4      1/2 turn right step back on left, 1/2 turn right step right forward  
右轉180度左足後踏, 右轉180度右足前踏
- 5-6      Touch left toes forward, Drop left heel  
左足趾前點, 左足踵踏
- 7-8      Touch right toes forward, Drop right heel  
右足趾前點, 右足踵踏
- 第三段**      **1/4 Turn R, Cross Behind, 1/4 Turn L, 1/4 Turn L, Cross Behind, 1/4 Turn R, Step Forward L, Pivot R.**  
**1/4 後交叉, 1/4 1/4, 後交叉 1/4, 踏 轉**
- 1-2      1/4 turn right step left to left side, Cross right behind left  
右轉90度左足左踏, 右足於左足後交叉踏
- 3-4      1/4 turn left step left forward, 1/4 turn left step right to right side  
左轉90度左足前踏, 左轉90度右足右踏
- 5-6      Cross left behind right, 1/4 turn right step right forward  
左足於右足後交叉踏, 右轉90度右足前踏
- 7-8      Step left forward, 1/2 turn right (01:30)  
左足前踏, 右轉180度(面向1:30)
- 第四段**      **Step L, Hold, 1/2 Turn Left (x2), Right Toe Strut, Left Toe Strut.**  
**踏 候, 轉 轉, 趾 踵, 趾 踵**
- 1-2      Step left forward, Hold 左足前踏, 候
- 3-4      1/2 turn left step back on right, 1/2 turn left step left forward  
左轉180度右足後踏, 左轉180度左足前踏
- 5-6      Touch right toes forward, Drop right heel  
右足趾前點, 右足踵踏
- 7-8      Touch left toes forward, Drop left heel  
左足趾前點, 左足踵踏

**第五段 Step Forward R. Diagonal, Touch L, Step L, Touch R, Step back R. Diagonal, Touch L, Step L, Touch R.**

**斜前踏 併點, 左踏 併點, 斜後踏 併點, 左踏 併點**

1-2 Step right forward to right diagonal, Touch left next to right & Clap  
右足右斜角前踏, 左足併點(拍手)

3-4 Step left to left side, Touch right next to left & Clap (12:00)  
左足左踏, 右足併點(拍手)(面向12點鐘)

5-6 Step right back to right diagonal., Touch left next to right & Clap  
右足右斜角後踏, 左足併點(拍手)

7-8 Step left to left side, Touch right next to left & Clap  
左足左踏, 右足併點(拍手)

**\*\*\* RESTART: Wall 3, restart the dance after count 40.**

第三面牆跳至此, 從頭起跳

**第六段 Step R, Cross L. Behind, ¼ Turn Right, Step Forward, Pivot R, ¼ Turn Right, Cross R. Behind, ¼ Turn L.**

**右 交叉, 1/4 踏, 轉 1/4, 後 1/4**

1-2 Step right to right side, Cross left behind right  
右足右踏, 左足於右足後交叉踏

3-4 ¼ Turn right step right forward, Step left forward  
右轉90度右足前踏, 左足前踏

5-6 ½ turn right, ¼ turn right step left to left side  
右轉180度, 右轉90度左足左踏

7-8 Cross right behind left, ¼ turn left step left forward (09:00)  
右足於左足後交叉踏, 左轉90度左足前踏(面向9點鐘)

**第七段 Right Toe Strut, Rock, Recover, Step L. Back, ¼ Turn Right, Cross, Hold**  
**趾 踵, 下沉 回復, 後 1/4, 交叉 候**

1-2 Touch right toes forward, Drop right heel  
右足趾前點, 右足踵踏

3-4 Rock left forward, Recover  
左足前下沉, 右足回復

5-6 Step back on left, ¼ right step right to right side (12:00)  
左足後踏, 右轉90度右足右踏

7-8 Cross left over right, Hold 左足於右足前交叉踏, 候

**第八段 Side Rock, Recover, Cross, Hold, ¼ Turn right (x2), Step Forward, Hold**  
**右下沉 回復, 交叉 候, 1/4 1/4, 踏 候**

1-2 Rock right to right side, Recover 右足右下沉, 左足回復

3-4 Cross right over left, Hold 右足於左足前交叉踏, 候

5-6 ¼ turn right step back on left, ¼ turn right step right to right side (06:00) 右轉90度左足後踏, 右轉90度右足右踏(面向6點鐘)

7-8 Step left forward, Hold 左足前踏, 候

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