

# Loud and Clear

拍数: 64      墙数: 1      级数: Intermediate  
编舞者: Teng Teng (MY) - September 2015  
音乐: Loud and Clear - Olly Murs



Sequence: A, B, Tag 1, A, B, Tag 1, B (3.00), Tag 2

## Part A (16 Counts)

A[1-8] □□SIDE MAMBO (R&L), FRONT MAMBO (R&L)□

1&2            Step R to R side, recover on L, step R beside L  
3&4            Step L to L side, recover on R, step L beside R  
5&6            Step R forward, recover on L, step R beside L  
7&8            Step L forward, recover on R, step L beside R

A[9-16] □□SIDE MAMBO (R&L), FRONT MAMBO (R&L)

Repeat counts [1-8] facing 3.00.

## Part B (48 Counts)□

B[1-8&] □BASIC NIGHTCLUB (R&L), R FORWARD DIAGONAL, L FORWARD, ½ TURN L, STEP R BACK, STEP L BACK, RECOVER, ½ TURN R STEP L BACK

1 – 2&            Step R to R side, step L behind R, recover on R  
3 – 4&            Step L to L side, step R behind L, recover on L  
5 – 6&            Step R forward to R diagonal (4.30), step L forward, ½ turn L step R back (10.30)  
7 – 8&            Step L back, recover on R, ½ turn R step L back (4.30)

B[9-16] □1/8 TURN STEP R TO SIDE, STEP L BEHIND, STEP R TO SIDE, CROSS ROCK L, RECOVER, CROSS ROCK R, RECOVER, ¼ TURN R STEP R FORWARD, STEP L, PIVOT ½ TURN R, STEP L FORWARD, ½ TURN L PLACE R BESIDE L

1 – 2&            1/8 turn R step R to R side (6.00), step L behind R, step R to R side  
3&4&5&            Cross L over R, recover on R, step L to L side, cross R over L, recover on L, ¼ turn R step R forward  
6&                Step L forward pivot ½ turn R  
7 – 8             Step L forward, ½ turn L place R beside L, bending both knees (9.00)

B[17-24] □□BASIC NIGHTCLUB L, ¼ TURN R WITH SWEEP, CROSS, RECOVER, ¼ TURN L, STEP R BEHIND, ¼ TURN L STEP L FORWARD, STEP R PIVOT ½ TURN L, STEP R FORWARD, ½ TURN R STEP BACK L

1 – 2&            Step L to L side, step R behind L, recover on L  
3                 ¼ Turn R step R forward, sweeping L back to front  
4&5            Cross L over R, step back on R, ¼ turn L step L to L side  
6&                Step R behind L, ¼ turn L step L forward  
7&                Step R forward, pivot ½ turn L  
8&                Step R forward, ½ turn R step back L

B[25-32] □□BASIC NIGHTCLUB (R&L), STEP R TO R DIAGONAL, STEP L, R, RECOVER

1                 ¼ Turn R step R to R side (9.00)  
2&                Step L behind R, recover on R  
3 – 4&            Step L to L side, step R behind L, recover on L  
5 – 8             Step R forward to R diagonal, L, R, recover on L

B[33-40] □□STEP R BACK, SWEEP, L BACK, SWEEP, R BACK, SWEEP, STEP L BEHIND R, STEP R TO R SIDE, STEP L TO R DIAGONAL, STEP R BACK, SWEEP, L BACK, SWEEP, SAILOR

1 – 3             Step R back sweeping L from front to back, step L back sweeping R from front to back, step R back sweeping L from front to back

4&5 Step L behind R, 1/8 turn R step R to R side (12.00), step L forward to R diagonal (1.30)  
6 – 7 Step R back sweeping L from front to back, step L back sweeping R from front to back  
8& Step R back, L step L beside R

**B[41-48] □□BASIC NIGHTCLUB (R&L), ¼ TURN R STEP R FORWARD, STEP L, PIVOT ½ TURN R, STEP L FORWARD, ½ TURN L, STEP R BESIDE L, STEP L BACK □**

1 – 2& 1/8 Turn L step R to R side (12.00), step L behind R, recover on R  
3 – 4 & Step L to L side, step R behind L, recover on L  
5&6& ¼ Turn R step R forward, step L forward and pivot ½ turn R, step L forward  
7 – 8 ½ Turn L step R beside L, step L back

**TAG 1 (16 COUNTS)**

**[1-8] □□BASIC NIGHTCLUB (R, L, R), TOUCH R BESIDE L**

1 – 2& Step R to R side, step L behind R, recover on R  
3 – 4& Step L to L side, step R behind L, recover on L  
5 – 6& Step R to R side, step L behind R, recover on R  
7 – 8 Step L to L side, touch R beside L (bend both knees)

**[9-16] □□BASIC NIGHTCLUB (R, L, R), ¼ TURN L TOUCH R BESIDE L**

1 – 2& Step R to R side, step L behind R, recover on R  
3 – 4& Step L to L side, step R behind L, recover on L  
5 – 6& Step R to R side, step L behind R, recover on R  
7 – 8 Step L to L side, ¼ turn L touch R beside L

**\* When dancing Tag 1 for the second time, do not make ¼ L turn on count 8. Touch R beside L and start B facing 3.00.**

**TAG 2 (48 COUNTS)**

**[1-8] □□BASIC NIGHTCLUB (R, L, R), TOUCH R BESIDE L**

1 – 2& Step R to R side, step L behind R, recover on R  
3 – 4& Step L to L side, step R behind L, recover on L  
5 – 6& Step R to R side, step L behind R, recover on R  
7 – 8 Step L to L side, touch R beside L (bend both knees)

**[9-48]□□Turn ¼ Left and repeat (5x). End up facing 12.00**

Contact: [kimguat@gmail.com](mailto:kimguat@gmail.com)

---