

More Than You'll Ever Know

COPPERKNOB
BY STEPHEN

拍数: 64 墙数: 2 级数: Phrased Intermediate
编舞者: José Miguel Belloque Vane (NL) & Roy Verdonk (NL) - September 2015
音乐: More Than You'll Ever Know - Nathan Sykes



Intro : 16 counts - Phrasing: A, B, A, A (with Restart after 4 counts), A, B, A, A, A, A, A

Part A – 32 counts

A1: Step Forward/Touch (2X), Cross Sailor Steps Traveling Backwards, Cross

1-2 Rf step forward, Lf touch next to Rf

3-4 Lf step forward, Rf touch next to Lf

(Restart here when you do 3rd time A)

5&6 Rf cross in front of Lf, Lf step left (&), Rf step right

7&8 Lf cross in front of Rf, Rf step right (&), Lf step left

& Rf cross in front of Lf

(N.B. on counts 5-8 you will slightly travel backwards when doing cross Sailor Steps)

A2: Slide L, Hold, Ball/Cross, Hold, Side, Lock Behind With Sweep R, Hold, Syncopated Sailors

1-2 Lf take big step left, hold

&3,4 Rf take small step behind Lf (&), Lf cross in front of Rf, hold

&5 Rf take small step right , Lf cross behind Rf whilst sweeping Rf from front to back

6 finish sweep from front to back

7&a Rf cross behind Lf, Lf step left (&), Rf step right (a)

8&a Lf cross behind Rf , Rf step right(&), Lf step left (a)

A3: Touch Behind, R Touch Side, Touch Behind, Kick/Ball/Step On Diagonal, Rock Forward R, Recover L, Shuffle With 1/2 Turn R

1-2-3 Rf touch behind Lf , Rf touch side right, Rf touch behind Lf

4&5 make 1/8 turn right kicking Rf forward (1.30), Rf step next to Lf (&) , Lf step forward

6-7 Rf rock forward, recover onto Lf

8&1 make 1/4 turn right stepping Rf right (4.30), Lf step next to Rf(&), make 1/4 turn right stepping Rf forward (7.30)

A4: Cross/Side ,Sailor With 1/4 turn left, Step Forward R, 3/4 Turn L, Touch Side R,Touch Together R

2-3 make 1/8 turn left crossing Lf in front of Rf (6.00) , Rf step right

4&5 Lf cross behind Rf, make 1/4 left stepping Rf right (&) , Lf step forward (3.00)

6-7 Rf step forward, make 3/4 turn left on Lf (6.00)

8 Rf touch toes right

Part B – 32 counts

B1: Hold, Cross, Side, Snap Fingers, Hold, Side, Cross, Snap Fingers

1-2 hold, Rf cross in front of Lf

3-4 Lf step left, snap fingers

5-6 hold, Rf step right

7-8 Lf cross in front of Rf, snap fingers

B2: Hold, Side With Swivels R/L/R, Hold, Hip Bumps L/R/L

1-2 hold, Rf step right swivelling Bf heels right

3-4 Bf swivel heels left , Bf swivel heels right

5-6 hold, hip bump left

7-8 hip bump right, hip bump left (weight remains on Rf)

B3: Hold, 1/4 Turn L (2X), Snap Fingers, Hold, Side, Cross, Snap Fingers

1-2 hold, make 1/4 turn left stepping Lf forward
3-4 make 1/4 turn left stepping Rf right, snap fingers
5-6 hold, Lf step left
7-8 Rf cross in front of Lf, snap fingers

B4: Hold, Side With Swivels L/R/L, Hiproll, Touch R

1-2 hold, Lf step left swivelling Bf heels left
3-4 Bf swivel heels right , Bf swivel heels left
5-6-7 make Hiproll counter clockwise over 3 counts
8 Rf touch next to Lf

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