

Uptown

COPPER KNOB
BY SHEETS

拍数: 32 墙数: 4 级数: High Beginner
编舞者: Beverly Frank (CAN) - September 2015
音乐: Uptown Funk (feat. Bruno Mars) - Mark Ronson



#32 ct intro

TCH R FWD, TCH R BESIDE L, STEP R FWD, TCH L BESIDE RF, REPEAT WITH L

1-2 Touch right foot forward, touch right foot beside left foot
3-4 Step right foot forward, slide/touch left foot beside right foot
5-6 Touch left foot forward, touch left foot beside right foot
7-8 Step left foot forward, slide/touch right foot beside left foot

TCH R TO R, HLD, TCH R FWD, HLD, TCH R TO R, TCH R FWD, STEP R TO R, SLIDE/STP L TO R

1-2 Touch right toe to right, hold
3-4 Cross right toe in front of left foot, hold
(** Restart – wall 6) (** End of dance)
5-6 Touch right toe to right, cross right toe in front of left foot
7-8 Step right foot to right, slide/touch left foot beside right foot (*Hold 3 cts)

TCH L TO L, HLD, TCH L FWD, HLD, TCH L TO L, TCH L FWD, STEP L TO L, SLIDE/STEP R TO L

1-2 Touch left foot to left, hold
3-4 Touch left foot beside right foot, hold
5-6 Touch left foot to left, touch left foot beside right foot
7-8 Step left foot to left, slide/touch right foot beside left foot

TCH R AND L HEEL FWD, TCH R TOE BACK, ¼ PIVOT TURN RIGHT, STEP L FWD, TCH R BESIDE L, TCH R FWD, TWIST R HEEL OUT AND IN

1& Touch right heel forward, step right foot beside left
2& Touch left heel forward, step left heel beside right
3-4 Touch right toe back (just behind left heel), turn ¼ right taking weight onto right foot
5-6 Step left foot forward, touch right foot beside left foot
7&8 Touch right foot forward, twist right heel out and in

* Bridge: During the 5th round of the dance when the artist says "Stop, wait a minute", freeze and wait for the music to start (3 cts) and continue the dance.

** During the 6th round, you will dance the first 12 counts and then Restart the dance from the beginning.

*** End of dance (10TH round from Restart) complete first 12 cts then:

5-6-7-8 Step right foot forward, pivot ½ onto left foot, step right forward, step left beside right.
You should be facing the starting wall.

Make this dance your own by adding some attitude but most of all ...HAVE FUN!!!!

Contact ~ email: beverlydan@ntl.sympatico.ca