

Cheerleader EZ

拍数: 32 墙数: 2 级数: High Beginner
编舞者: Mitzi Day (USA) - September 2015
音乐: Cheerleader - Omi



Walk R-L-R Point L Step Point R Step Point L.

- 1-2-3 Walk right left right
- 4-5 Point left to left side. Step left to center and a little forward so as to travel slightly.
- 6-7 Point right to right side. Step right to center and a little forward so as to travel slightly.
- 8 Point left to left side. (12:00)

Left Cross Rock Turn 1/4 To Left Chasse L-R-L. Step R Foot Forward Pivot Over Left 1/2. R Step Forward Pivot Left 1/2. (9:00)

- 1-2 Step left foot forward slightly across right foot . Recover on right.
- 3&4 Turn 1/4 left to 9:00 while stepping to side left step right together and left to side.
- 5-6 Step right foot forward and pivot 1/2 turn over left.(3:00) Keep weight on left.
- 7-8 Step right foot forward and pivot 1/2 turn over left.(9:00) Keep weight on left.

Diagonal Touches Forward: Right Touch .Left Touch. Diagonal Touches Back: Right Touch. Left Touch.

- 1-2 Step right to forward diagonal and touch left toe beside right foot.
- 3-4 Step left to forward diagonal and touch right toe beside left foot.
- 5-6 Step back diagonal with right foot and touch left toe beside right foot.
- 7-8 Step back diagonal with left foot and touch right toe beside left foot.

Right Side Rock Recover On Left Then Cross Right Over Left.Left Side Rock Recover On Right And Cross Left Over Right. Right Side Step While Turning 1/4 Left And Step Forward On Left.(6:00)

- 1-2-3 Step right to right side(1) Put weight on left foot(2)Cross right foot over left foot with weight on right.(3)
- 4-5-6 Step left to left side(4). Put weight on right foot(5). Cross left foot over right taking weight on left.
- 7-8 Step right to right side while turning 1/4 to left. Step forward on left.

There are 2 easy 16 ct Tags:

The first Tag is after you have danced the first 32 counts of dance and you are facing 6:00 for the first time. The lyrics say, " Do you need me? Do you think I'm pretty?" etc.

- 1-2 Right side rock then recover on left.
- 3&4 Cross right over left and again cross right over left.
- 5-6 Then you do same thing to other side: Left side rock then recover on right.
- 7&8 Then cross left over right and again cross left over right.

Now repeat these 8 cts again.

The second Tag is exactly like the first tag and the lyrics are exactly the same.

The second Tag happens after the third group of 32 cts of dance. You will be facing 6:00 for the second time. I hope you enjoy this dance and feel free to email me with any comments.

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