

Life Good As It Can Be (aka Wings Were Made To Fly)

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Alan Birchall (UK) & Jacqui Jax (UK) - September 2015
音乐: Life Good as It Can Be - Pat Green : (CD: Album Home - iTunes & Amazon)



Pop Alternative: Wings - Delta Goodrem (No Tags/Restarts)

Start: On Lyrics - Seconds: 8 - Counts: 16 - BPM: 110

CROSS, SIDE, BEHIND, SIDE, CROSS ROCK, RECOVER, ¼ SHUFFLE

1-2 Cross Right Over Left, Step Left To Left
3-4 Cross Right Behind Left, Step Left To Left
5-6 Cross Rock Right Over Left, Recover On Left
7&8 Making ¼ Turn Right Step Forward On Right, Step Left By Right, Step Forward On Right
3:00

SHUFFLE FORWARD, ¾ TURN, CROSS, POINT, SAILOR STEP

9&10 Step Forward On Left, Step Right By Left, Step Forward On Left
11-12 Making ½ Turn Left Step Back On Right, Making ¼ Turn Left Step Left To Left 6:00
13-14 Cross Right Over Left, Point Left To Left
15&16 Cross Left Behind Right, Step Right To Right, Step Left By Right

BEHIND, SIDE, CROSS, ROCK, RECOVER, DIAGONAL SHUFFLE, ROCK, RECOVER

17&18 Cross Right Behind Left, Step Left To Left, Cross Right Over Left
19-20 Rock Left To Left, Recover On Right To Face Slight Right Diagonal 8:00
21&22 Step Forward On Left, Step Right By Left, Step Forward On Left
23-24 Rock Right To Right, Recover On Left To Face Left Diagonal 4:30

DIAGONAL SHUFFLE, STEP ½ PIVOT, ½ TURN, ¼ SHUFFLE

25&26 Step Forward On Right, Left By Right, Step Forward On Right
27-28 Step Forward On Left, ½ Pivot Right 10:30
29-30 Step Forward On Left. Make ½ Turn Left Stepping Back On Right 4:30
31&32 Make ¼ Turn Left Stepping Left To Left, Step Right By Left, Step Left To Left 12:00

TAG 1: On 1st Wall (Pause In Music) Touch Right Over Left, Unwind A Full Turn Left (Keep Weight On Left) Then Restart Dance

TAG 2: During 3rd Wall Add Tag Then Restart The Dance

CROSS, BACK, SIDE, FORWARD, CROSS, SIDE, ¼ TURN, TOUCH

33-34 Cross Right Over Left, Step Back On Left
35-36 Step Right By Left, Step Forward On Left
37-38 Cross Right Over Left, Step Left To Left
39-40 Making ¼ Turn Right Step Back On Right, Touch Left By Right 3:00

STEP SCUFF X2, FORWARD SHUFFLE, KICK BALL CROSS

41-42 Step Forward On Left, Scuff Right Past Left
43-44 Step Forward On Right, Scuff Left Past Right
45&46 Step Forward On Left, Step Right By Left, Step Forward On Left
47&48 Kick Right Forward, Step Right By Left, Cross Left Over Right

ROCK, RECOVER, CROSS SHUFFLE, ROCK, RECOVER, ¼ COASTER TURN

49-50 Rock Right To Right, Recover On Left,

51&52 Cross Right Over Left, Step Left To Left, Cross Right Over Left
53-54 Rock Left To Left, Recover On Right
55&56 Making ¼ Turn Left Step Back On Left, Step Right By Left, Step Forward On Left 12:00
Restart Here During 5th Wall

ENDING: □ On 7th Wall Replace Counts 55 & 56 Cross Left Behind Right Unwind ¾ Left To Face 12:00

SHUFFLE FORWARD, MAMBO STEP, LOCK STEP BACK, TOUCH UNWIND ½ TURN

57&58 Step Forward On Right, Step Left By Right, Step Forward On Right
59&60 Rock Forward On Left, Recover On Right, Step Back On Left
61&62 Step Back On Right, Cross Left Over Right, Step Back On Right
63-64 Touch Left Toe Back, Unwind ½ Turn Left (Transferring weight to Left) 6:00

START AGAIN

TAG 2 DURING WALL 3

1-2 Cross Right Over Left, Point Left To Left.
3-4 Cross Left Behind Right, Point Right To Right.
5-6 Cross Right Behind Left, Point Left To Left
7-8 Cross left Over Right, Point Right To Right

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