蟺数： 1
级数：Phrased Improver
编舞者：Mike Liadouze（FR）－November 2013
音乐：Hey Brother－Avicii



A［9－18］$\square 4 x$ STEP $1 / 4$ RIGHT MIMMING 4 WALLS，ROCK STEP FORWARD
1－2 Step LF forward \＆mime 12：00 wall with $L$ hand，．． $1 / 4$ turn $R$ ．．recover on RF
3－4 Step LF forward \＆mime 3：00 wall with $R$ hand，．．1／4 turn R．．recover on RF
5－6 Step LF forward \＆mime 6：00 wall with L hand，．． $1 / 4$ turn R．．recover on RF
7－8 Step LF forward \＆mime 9：00 wall with both handd，．． $1 / 4$ turn R．．recover on RF
9－10 Rock step LF forward，recover on RF
A［1－8］$\square$ WEAVE WAVING LEFT，SHUFFLE HITTING CHEST，ROCK STEP BACK
1－4 Step LF side，cross RF behind LF，step LF side，cross RF over LF \＆wave $L$ hand counter－ clockwise up
5\＆6 Step LF side \＆hit $R$ breast with $L$ fist，step $R F$ together \＆hit $R$ breast with $L$ fist，step $L F$ side \＆lower $L$ arm down
7－8 Rock step RF back，recover on LF
A［9－18］$\square 4 x$ STEP $1 / 4$ LEFT MIMING 4 WALLS，ROCK STEP FORWARD
1－2 Step LF forward \＆mime 12：00 wall with $R$ hand，．． $1 / 4$ turn R．．recover on RF
3－4 Step LF forward \＆mime 9：00 wall with L hand，．． $1 / 4$ turn R．．recover on RF
5－6 Step LF forward \＆mime 6：00 wall with $R$ hand，．．1／4 turn R．．recover on RF
7－8 Step LF forward \＆mime 3：00 wall with both hand，．．1／4 turn R．．recover on RF
9－10 Rock step RF forward，recover on LF
PART B ：SKYFALL（ 28 COUNTS）
B［1－8］$\square$ STOMP SIDE \＆RAISE HANDS UP， $4 x$ CLAP
1－4 Stomp RF side shoulder wide \＆lower arms down，raise both arms up in a＂ V ＂（ 3 counts）
5－8 Clap hands up high，clap hands in front of head，clap hands in front of chest，clap hands down low

B［9－16］$\square B E N D$ DOWN，POINT UP
1－4 ．． $1 / 4$ turn $L$ ．．bend $R$ knee next to $L F$ \＆lay $R$ hand on the floor（4 counts）
5－8 ．． $1 / 4$ turn R．．stand back up apart \＆point $R$ index forward（4 counts）
B［17－28］$\square$ BALL CROSS，HOLD，UNWIND 1／2 LEFT，HOLD，OUT OUT，HOLD，BALL CROSS，HOLD， UNWIND 1／2 LEFT，3x HOLD
\＆1－2 Step LF together \＆cross L arm in front of chest，cross RF over LF \＆cross R arm in front of chest，HOLD
3－4 ．．1／2 turn L．．unwind weight on RF \＆lower arms down，HOLD
\＆5－6
Step LF side，\＆roll L shoulder back，step RF side \＆roll R shoulder back，HOLD chest, HOLD
9-12 ..1/2 turn L.. unwind weight on RF \& lower arms down, HOLD, HOLD, HOLD
PART C : HOME (28 COUNTS)
C[1-10] $\square S H U F F L E$ RIGHT, SHUFFLE LEFT, SHUFFLE FORWARD, BIG STEP FORWARD SLIDE
1\&2 Step RF side, step LF together, step RF side
3\&4
Step LF side, step RF together, step LF side Step RF forward, step LF together, step RF forward
5\&6 Big step LF forward, slide RF next to LF without weight (3 counts)

C[11-17] $\square 3 x$ STEP BACK, LUNGE LEFT
1-3 Three steps back (R-L-R)
4-7 Lunge LF side bending $L$ knee \& mime a telephone on $L$ hear with $L$ hand ( 3 counts), recover on RF

C[18-24] $\square 3 x$ STEP BACK, LUNGE RIGHT
1-3 Three steps back (L-R-L)
4-7 Lunge RF bending $R$ knee \& mime grabbing something on the floor with $R$ hand ( 3 counts), recover on LF

C[25-28] $\square J A Z Z ~ B O X ~$
1-4 Cross RF over LF, step LF back, step RF side, step LF forward
PART D : MARCHE (104 COUNTS)
D[1-32][MILITARY SQUARE MARCHING TURNING RIGHT
1-4 Four steps in place raising knees (R-L-R-L) .. $1 / 4$ turn R.. (1 person/2 doesn't do first $1 / 4$ turn R)

5-8 Four steps forward raising knees (R-L-R-L)
9-32 Repeat first 8 count three times
D[33-64]DMILITARY SQUARE MARCHING TURNING LEFT
1-4 Four steps in place raising knees (R-L-R-L)
5-8 Four steps forward raising knees (R-L-R-L)
9-12 Four steps in place raising knees (R-L-R-L) .. $1 / 4$ turn $L$..
13-16 Four steps forward raising knees (R-L-R-L)
17-32 Repeat counts 9-16 two times
D[65-96][REVERSE MILITARY SQUARE MARCHING TURNING RIGHT
1-4 Four steps back raising knees (R-L-R-L)
5-8 Four steps in place raising knees (R-L-R-L) .. $1 / 4$ turn R..
9-32 Repeat first 8 count three times (other person doesn't do last $1 / 4$ turn $R$ )
D[97-104] $\square 8 x$ HOLD
FINAL: BEND DOWN
1-4 .. $1 / 4$ turn L .. bend R knee next to LF \& lay $R$ hand on the floor (4 counts)
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