

Mi Casa Su Casa

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 2 级数: Beginner / Improver
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音乐: My House - Flo Rida



(No Tags, No Restarts) Music Available At: www.amazon.com

R SIDE ROCK REC CROSS- L SIDE ROCK REC CROSS- R MAMBO FWD- L COASTER

1&2 Rock right to right side, recover left, cross right over left (these steps move forward)
3&4 Rock left to left side, recover right, cross left over right (these steps move forward)
5&6 Rock right forward, recover back left, step right next to left
7&8 Step left back, step right next to left, step left forward

R STEP LOCK STEP, L STEP LOCK STEP- R CHASE ½ L- L TRIPLE FULL TURN R

1&2 Step right forward, lock left behind right, step right forward
3&4 Step left forward, lock left behind right, step left forward
5&6 Step right forward, pivot ½ turn left, step right forward
7&8 Triple full turn right, stepping left, right, left

PUSH R HIP FWD & BACK & TRIPLE FWD R – PUSH L HIP FWD & BACK & TRIPLE FWD L

1&2& Push right hip forward, recover back left, push right hip back, recover forward left
3&4 Shuffle forward right, left, right
5&6& Push left hip forward, recover back right, push left hip back, recover forward right
7&8 Shuffle forward left, right, left

R SIDE – L BEHIND – R SIDE – L ACROSS – R SIDE ROCK – L REC - CROSS R

1&2& Step right to right, step left behind right, step right to right, step left across right
3&4 Rock right to right, recover to left, step right across left

L SIDE- R BEHIND – L SIDE – R ACROSS - L SIDE ROCK – R REC - CROSS L

1&2& Step left to left, step right behind left, step left to left, step right across
7&8 Rock left to left, recover to right, step left across right

Begin Again!
