

Ten Thousand Bear

COPPER KNOB
STEPPERS

拍数: 128 墙数: 1 级数: Phrased High Beginner
编舞者: Tina Chen Sue-Huei (TW) - September 2015
音乐: Yī wàn gè shěbudé - zhuāng xīn yán



SOD: AA-Tag*(4)-BCD-tag(16x2)-AA-Tag*(4)-BCD-BCD
Start dance after 48 counts.

Tag*(4): R Fwd ½ L, R Fwd ½ L

1-4 Fwd step R, ½ Turn left recover on L, Fwd step R, ½ Turn left recover on L

Tag (16X2):

[1-8] Touch Side & Beside on R, Side R Touch L, Touch Side & Beside on L, Side L & Touch

1-4 Side touch R & Touch beside L, Side step R & Touch L beside R

5-8 Side Touch L & Touch beside R, Side step L & Touch R beside L

[9-16] Fwd R & Hold, Fwd ½ R Fwd, Fwd L & Hold, Fwd ½ L Fwd

9- 12 Fwd step R & Hold (10), Fwd step L, ½ Turn right Fwd step R

13- 16 Fwd step L & Hold (13), Fwd step R, ½ Turn left Fwd step L

Main Dance

Part A(32)

AI. R Toe Strut, L Cross Toe Strut, Side Rock Recover Cross Hold

1-2 Touch R toes to R diag fwd, Step down on R

3-4 Cross L toes over R & touch to R diag fwd, Step down on L

5-8 Side rock R, Recover on L, Cross R over L, Hold (8)

AII. L Toe Strut, R Cross Toe Strut, Side Rock Recover Cross Hold

1-2 Touch L toes to L diag fwd, Step down on L

3-4 Cross R toes over L & touch to L diag fwd, Step down on R

5-8 Side rock L, Recover on R, Cross L over R, Hold (8)

AIII. Fwd Hold, Fwd Hold, ½ L Fwd Hold

1-4 Fwd step R, Hold (2), Fwd step L, Hold (4)

5-6 ½ Turn left fwd step R, Hold (6)6.00

7-8 Fwd step L, Hold (8)

AIV. Fwd Hold, Fwd Hold, ½ R Fwd Hold

1-4 Fwd step L, Hold (2), Fwd step R, Hold (4)

5-6 ½ Turn right fwd step L, Hold (6)12.00

7-8 Fwd step R, Hold (8)

Part B(32)

BI. Side Touch & Beside, Side & ¼ L Touch Beside, , (Side Step Touch Beside)*2

1-2 Side touch R, Touch R beside L

3-4 Side step R, ¼ Turn left (9.00) Touch L beside R

5-8 Side step L & Touch R beside L, Side step R & Touch L beside R

BII. Side Touch & Beside, Side & ¼ L Touch Beside, (Side Step Touch Beside)*2

1-2 Side touch L, Touch L beside R

3-4 Side step L, ¼ Turn left (6.00) Touch R beside L

5-8 Side step R & Touch L beside R, Side step L & Touch R beside L

BIII. Side Touch & Beside, Side & ¼ L Touch Beside, (Side Step Touch Beside)*2

- 1-2 Side touch R, Touch R beside L
- 3-4 Side step R, ¼ Turn left (3.00) Touch L beside R
- 5-8 Side step L & Touch R beside L, Side step R & Touch L beside R

BIV. Side Touch & Beside, Side & ¼ L Touch Beside, (Side Step Touch Beside)*2

- 1-2 Side touch L, Touch L beside R
- 3-4 Side step L, ¼ Turn left (12.00) Touch R beside L
- 5-8 Side step R & Touch L beside R, Side step L & Touch R beside L

Part C(32)

CI. Diag Fwd R Lock Steps Touch, Diag Fwd L Lock Steps Touch

- 1-4 Diag fwd right lock steps on RLR, Touch L beside R
- 5-8 Diag fwd left lock steps on LRL, Touch R beside L

CII. Fwd Rocking Chair, ½ L Fwd, Touch Beside

- 1-4 Fwd rock R, Recover on L, Back rock R, Recover on L
- 5-8 Fwd step R, ½ Turn left, Fwd step L, Fwd step R, Touch L beside R

CIII. Repeat Sect. CI.

CIV. Repeat Sect. CII.

Part D(32)

DI. Facing 12.00, Rock Back Recover, Fwd Shuffle, ¼ R ½ L Back Shuffle

- 1-2 Back rock R, Recover on L
- 3&4 Fwd shuffle on RLR
- 5-6 ¼ Turn right (3.00) Fwd step L, ½ Turn left (9.00) Back step R
- 7&8 Back shuffle on LRL

DII. Facing 9.00, repeat Sect. DI.

DIII. Facing 6.00, repeat Sect. DI.

DIV. Facing 9.00, repeat Sect. DI.

Happy Dancing!
