

# The Note

拍数: 32                      墙数: 2                      级数: Intermediate  
编舞者: Niels Poulsen (DK) & Malene Jakobsen (DK) - August 2015  
音乐: Note to God - Charice : (iTunes)



**Intro: 8 counts from the beginning of the music (app. 8 secs. into track). Start with weight on L foot**

**Restart: On wall 3, after 20 counts, facing 9:00. Note that you will already have turned the ¼ L**

**Tag: On wall 6, after 13 counts. See explanation at bottom of page**

**Note: Both Restarts happen facing [9:00]**

**[1 – 8] ¼ L & side back rocks L & R, R side rock ¼ L, walk fwd R, step turn turn, ¼ R side**

&1 – 2                      Turn ¼ L on L stepping R to R side (&), rock back on L (1), recover on R (2) 9:00

&3 – 4                      Step L to L side (&), rock back on R (3), recover fwd to L (4) 9:00

&5 – 6                      Rock R to R side (&), recover on L turning ¼ L (5), walk fwd on R (6) 6:00

7&8&                      Step L fwd (7), turn ½ R onto R (&), turn ½ R back on L (8), turn ¼ R stepping R to R side (&) 9:00

**[9 – 16] Point L to L side, ¼ L sweep, cross, L scissor, vine ¼ R, step ½ R, ¼ R side step**

1 – 3                      Point L to L side (1), recover on L with a ¼ L and a R sweep fwd (2), cross R over L (3) 6:00

4&5                      Step L to L side (4), step R behind L (&), cross L over R (5)

**\* Tag + 2nd Restart here 6:00**

6&7                      Step R to R side (6), cross L behind R (&), turn ¼ R stepping R fwd (7) 9:00

&8&                      Step L fwd (&), turn ½ R onto R (8), turn ¼ R stepping L to L side (&) 6:00

**[17 – 24] Behind side point, ¼ R sweep, weave into L diagonal back rock, R full turn step**

1&2                      Cross R behind L (1), step L to L side (&), point R to R side (2) 6:00

3 – 4&                      Turn ¼ R onto R sweeping L fwd (3), cross L over R (4), step R to R side (&) [9:00]

**(\*1st Restart here)**

5 – 6                      Rock L back on a L diagonal facing 7:30 (5), recover fwd on R (6) 7:30

&7 – 8                      Turn ½ R stepping L back (&), turn ½ R stepping R fwd hitching L knee (7), walk fwd L (8) 7:30

**[25 – 32] Sway 1/8 L, jazz ½ R, 2 walks fwd L R, step turn step, full turn L**

&1                      Square up to 6:00 stepping R to R side swaying upper-body R (&), sway body to L side (1) 6:00

2&3                      Cross R over L (2), turn ¼ R stepping back on L (&), turn ¼ R stepping R fwd (3) 12:00

4 – 5                      Cross walk L over R (4), cross walk R over L (5) 12:00

6&7                      Step fwd on L (6), turn ½ R onto R (&), step fwd on L (7) 6:00

&8                      Turn ½ L stepping back on R (&), turn ½ L stepping fwd on L (8) 6:00

**START AGAIN... and ENJOY!**

**Tag: On wall 6, after count 13 (after your scissor step in the 3rd section), do a R side rock ¾ L:**

**Rock R to R side (6), turn ¼ L onto L (7), turn ½ L back on R (&)... then Restart facing 9:00**

**Alternatively you can add another L full turn in the Tag adding it after the ½ L.**

**The counts for the Tag will then be: &6&7& ... [9:00]**

**Ending: Wall 8 (starts at 6:00) is your last wall. The heavy beats in the music stops after 12 counts but keep dancing! Finish the rest of the dance and you will automatically end at 12:00**

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