Pardon Me Please

拍数: 32

级数: High Beginner

编舞者: Greg Wynn (UK) - September 2015

音乐: Pardon Me - The Mavericks : (Album: Mono - released Feb 2015)

Intro: 16 counts (ignore the few introductory notes, dance starts fractionally before the lyrics start)

S1. DIG, HOOK, SHUFFLE, SIDE ROCK, CROSS SHUFFLE

- 1 Heel dig with the R towards 1.30
- 2 Hook R heel in front of L leg (at about mid shin height)
- 3&4 Making a 1/8 turn to the right step forward R along the diagonal, step L beside R, step forward R (1.30)
- 5 Making a 1/8 turn to the right rock L to the left side (3.00)
- 6 Replace weight back on the R
- 7&8 Cross L over R, step R to R side, cross L over R

S2. SIDE ROCK RIGHT, COASTER STEP, FORWARD ROCK LEFT, SHUFFLE HALF TURN LEFT

- Rock R to the right side 1
- 2 Replace weight on the L
- 3&4 Step back R, step L beside R, step forward R
- 5 Rock forward L
- 6 Replace weight back on the R
- 7&8 Step L making ¼ turn left, step R next to L, step L making ¼ turn left (9.00)

S3. SIDE STEP RIGHT, BACK ROCK, SIDE STEP LEFT, BACK ROCK, STEP FORWARD RIGHT, LEFT MAMBO FORWARD, RIGHT MAMBO BACK.

- Big step R to the right 1
- 2&3 Rock back on the L behind the R, replace weight on the R, big step L to the left
- 4&5 Rock back on the R behind the L, replace weight on the L, step forward R
- Step forward on the L, replace weight on the R, step back on the L 6&7
- Step back on the R, replace weight on the L 8&

S4. SERPENTINE WALK

- 1-4 Walk in semi-circle to the right in a clockwise curve RLRL (3.00)
- 5-8 Walk in a semi-circle to the left in an anti-clockwise curve RLRL (9.00)

START AGAIN

** OPTIONAL ENDING:

The last wall (wall 9) begins facing the front. Dance up to the end of section 1 (8 counts) then to finish:

- 1-2 Step back on the R, hold (3.00)
- 3-4 Making a 1/4 turn left step L to the left side, cross R over L to finish. (12.00)

Special thank you to Joan Evans (London, UK) for suggesting this music to me.

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墙数:4