

My Bella!

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Ann-Kristin Sandberg (NOR) - September 2015
音乐: Bella Bella - Arsenium : (iTunes)



INTRO: 40 counts (20 sec)

TOE STRUTS-OUT-OUT-BACK-TOGETHER

1-2 Touch R toe forw, R heel down
3-4 Touch L toe forw, L heel down
5-6 Step R diagonal forw to R, Step L diagonal forw to L
7-8 Step R backw, Step L next to R

WALK FORW x 3-KICK-WALK BACKW x 3-POINT

1-2 Step R forw, Step L forw
3-4 Step R forw, Kick L forw (clap hands on count 4)
5-6 Step L backw, Step R backw
7-8 Step L backw, Point R backw (clap hands on count 8)

ROCK RECOVER-BACK RECOVER-CROSS-BACK-1/4 TURN R-STEP FORW

1-2 Step R forw, Recover onto L
3-4 Step R backw, Recover onto L
5-6 Cross R over L, Step L backw
7-8 ¼ turn R stepping R to R side, Step L forw (03)

WEAVE TO R END WITH A FLICK-ROLLING VINE TO L-TOUCH

1-2 Step R to R side, Cross L behind R
3-4 Step R to R side, Flick L behind R
5-6 ¼ turn L stepping L forw (12), ½ turn L stepping R backw (06)
7-8 ¼ turn L stepping L to L side, Touch R next to L (03)

EASY TAG: End of wall 4 - facing 12: 00

1-2 Step R forw, Recover onto L
3-4 Step R backw, Recover onto L

ENJOY!!