Spend The Night



拍数: 32

墙数:2

级数: Beginner / Improver

编舞者: Mike Hitchen (UK) & Andrea Atkinson (ES) - September 2015

音乐: Why Don't You Spend the Night - Ray Dylan : (iTunes)



One Tag One Restart Start

Start on vocals

| Section 1: Walk Back RL, Coaster Cross, 2x 1/4 Turns right, Touch Step. | |
|--|---|
| 1-2 | Walk back Right, Walk back left. |
| 3&4 | Step right back, Step left together, Cross right over left. |
| 5-6 | Turn 1/4 turn right stepping left back, Turn 1/4 turn right stepping right to side. |
| 7-8 | Touch left out to left side, Step on left 1/4 turn left. 3.00 |
| Section 2: Step, Kickball Change, Step Kickball Change, Rock Step. | |
| 1-2&3 | Step right forward, Kick left forward ,Step left together, Step right in place. |
| 4-5&6 | Step left forward, Kick right forward, Step right together, Step left in place. |
| 7-8 | Rock forward on right, Recover to left. |
| Section 3: 2X Shuffle 1/2 Turns Right, Behind Side Cross, Side Rock. | |
| 1&2 | Step right 1/4 turn right, Step left together, Step right 1/4 turn right. |
| 3&4 | Step left 1/4 turn right, Step right together, Step left back 1/4 right. |
| 5&6 | Cross right behind left, Step right to side. Cross right over left. |
| 7-8 | Rock left to side, Recover to right. |
| Section 4: Behind Side Cross, Side Rock, Sailor 1/4 Turn Right, Mambo Step. | |
| 1&2 | Cross left behind right, Step right to side, Cross left over right. |
| 3-4 | Rock right to side, Recover to left. |
| Restart here with step change. | |
| 5&6 | Step right behind left, Step left 1/4 turn right, Step right to side. |
| 7&8 | Rock forward on left, Recover to right, Step left back. |
| TAG: 8 Count Tag at the end wall 4 Walk Back Right Left, Coaster Step, Walk forward Left Right, Left Mambo. | |
| 1-2 | |
| | Walk back right, Walk back left. |
| 3&4 | Step right back, Step left together, Step right forward. |
| 5-6 | Walk forward left, Walk forward right. |
| 7&8 | Rock forward on left, Recover to right, Step left back. |
| Restart: Wall 11, Section 4, count 3-4 change step' Rock right Side rock, Recover 1/4 turn right - Restart Dance. | |