

# Baila Conmigo (與我共舞) (zh)

COPPER KNOB  
STEPPERS

拍数: 64      墙数: 4      级数: Intermediate  
编舞者: Penny Tan (MY) & Nina Chen (TW) - 2015年09月  
音乐: Katanah Baila Conmigo Dj Serpa Remix 2013



Intro: 32 counts

## S1. CROSS - SIDE - 1/2 TURN R CHASSE R - CROSS - RECOVER - CHASSE L

1-2, 3&4      Cross RF over LF - Step LF to L - 1/2 turn R (6:00) step RF to R - Step LF beside RF - Step RF to R  
5-6, 7&8      Cross LF over RF - Recover onto RF - Step LF to L - Step RF beside LF - Step LF to L  
1-2, 3&4      右足前跨 - 左足左踏 - 右轉1/2 (6:00) 右足右踏 - 左足併於右足旁 - 右足右踏  
5-6, 7&8      左足前跨 - 重心回右足 - 左足左踏 - 右足併於左足旁 - 左足左踏

## S2. . CROSS - SIDE - 1/2 TURN R COASTER STEP - SIDE ROCK - RECOVER - TOGETHER - SIDE ROCK - RECOVER - TOGETHER

1-2, 3&4      Cross RF over LF - Step LF to L - 1/2 turn R (12:00) step RF back - Step LF beside RF - Step RF fwd  
5-6&,7-8&      Rock LF to L - Recover onto RF - Step LF beside RF - Rock RF to R - Recover onto LF - Step RF beside LF  
1-2, 3&4      右足前跨 - 左足左踏 - 右轉1/2 (12:00) 右足後踏 - 左足併於右足旁 - 右足前踏  
5-6&, 7-8&      左足左下沉 - 重心回右足 - 左足併於右足旁 - 右足右下沉 - 重心回左足 - 右足併於左足旁

## S3. WALK FWD (L R) - FWD ROCK - RECOVER - 1/4 TURN L SIDE - CROSS - RECOVER - BACK SHUFFLE

1-2, 3&4      Step LF fwd - Step RF fwd - Rock LF fwd - Recover onto RF - 1/4 turn L (9:00) step LF to L  
5-6, 7&8      Cross RF over LF - Recover onto LF - Back Shuffle (R L R)  
1-2, 3&4      左足前踏 - 右足前踏 - 左足前下沉 - 重心回右足 - 左轉1/4 (9:00) 左足左踏  
5-6, 7&8      右足前踏 - 重心回左足 - 後交換步 (右 左 右)

## S4. CROSS - BACK - 1/4 TURN L FWD SHUFFLE - PIVOT 1/2 TURN L.(2X)

1-2, 3&4      Cross LF over RF - Step RF back - 1/4 turn L (6:00) fwd shuffle (L R L)  
5-8      Step RF forward - Pivot 1/2 turn L (12:00) - Step RF forward - Pivot 1/2 turn L (6:00)  
1-2, 3&4      左足前踏 - 右足後踏 - 左轉1/4 (6:00) 前交換步 (左 右 左)  
5-8      右足前踏 - 向左踏轉1/2 (12:00) - 右足前踏 - 向左踏轉1/2 (6:00)

## S5. WALK FWD (R L) - FWD SHUFFLE - ROCK FWD - RECOVER - BACK SHUFFLE

1-2, 3&4      Step RF fwd - Step LF fwd - Fwd shuffle (R L R)  
5-6, 7&8      Rock LF fwd - Recover onto RF - Back shuffle (L R L)  
1-2, 3&4      右足前踏 - 左足前踏 - 前交換步 (右 左 右)  
5-6, 7&8      左足前下沉 - 重心回右足 - 後交換步 (左 右 左)

## S6. BACK SHUFFLE - 1/2 UNWIND TURN L - ROCKING CHAIR

1&2, 3-4      Back shuffle (R L R) - Touch LF behind RF making 1/2 unwind turn L (12:00) (weight on LF)  
5-8      Rock RF fwd - Recover onto LF - Rock RF back - Recover onto LF  
1&2, 3-4      後交換步 (右 左 右) - 左足點於右足後向左勾轉1/2 (12:00) 重心回左足  
5-8      右足前下沉 - 重心回左足 - 右足後下沉 - 重心回左足

## S7. BOTAFOGO - CROSS - SIDE - SAILOR STEP

1&2, 3&4      Cross RF over LF - Step LF to L - Step RF in place - Cross LF over RF - Step RF to R - Step LF in place  
5-6, 7&8      Cross RF over LF - Step LF to L - Cross RF behind LF - Step LF to L - Step RF to R  
1&2, 3&4      右足前跨 - 左足左踏 - 右足原地踏 - 左足前跨 - 右足右踏 - 左足原地踏

5-6, 7&8 右足前跨 - 左足左踏 - 右足後跨 - 左足左踏 - 右足右踏

**S8. BOTAFOGO - CROSS - SIDE - SAILOR TURN 1/4 L**

1&2, 3&4 Cross LF over RF - Step RF to R - Step LF in place - Cross RF over LF - Step LF to L - Step RF in place

5-6, 7&8 Cross LF over RF - Step RF to R - Cross LF behind RF - 1/4 turn L step RF to R - Step LF fwd

1&2, 3&4 左足前跨 - 右足右踏 - 左足原地踏 - 右足前跨 - 左足左踏 - 右足原地踏

5-6, 7&8 左足前跨 - 右足右踏 - 左足後跨 - 左轉1/4 右足右踏 - 左足前踏

**Have Fun & Happy Dancing!**

**Contacts: Penny Ten: [pennytanml@hotmail.com](mailto:pennytanml@hotmail.com) - Nina Chen: [nina.teach.dance@gmail.com](mailto:nina.teach.dance@gmail.com)**

---