

EZ Bachata

拍数: 32 墙数: 4 级数: Beginner - Bachata rhythm
编舞者: Double Trouble (CAN) - July 2015
音乐: Sugar Sugar - Zacarías Ferreira



Start Dance after 16 counts on Sugar

[1-8] Right Side together side touch, Left Side together Side touch. (touch has the hip bump as in Bachata.

- 1-4 Step right to right side, step left foot beside right. Step right to right side, touch left beside right while doing left hip bump.
- 5-8 Step left to left side, step right foot beside left. Step left to left side, touch right beside left while doing right hip bump.

[9-16] Right forward together, forward touch, ¼ turn left while stepping back on left, right side together, step side left, touch right beside. (touch has the hip bump as in bachata.

- 1-4 Step forward right foot, step left foot behind right, step forward right, touch left toe beside right while doing left hip bump.
- 5-8 Step back on left foot while making a ¼ turn to the left, step right beside left, step side onto left foot, touch right while doing right hip bump.

[17-24] Rolling vine right with left bachata touch, rolling vine left with Bachata touch.

- 1-4 ¼ turn right stepping onto right foot, ½ turn right stepping onto left, ¼ turn right stepping onto right, touch left beside right while doing left hip bump.
- 5-8 ¼ turn left stepping onto left foot, ½ turn left stepping onto right foot, ¼ left stepping onto left foot, touch right beside left while making right hip bump.

Note: Easy option for 17-24, don't roll, just do the side to side bachata.

[25-32] Vine to right ½ turn with Bachata bump, left side together side touch (with bachata bump)

- 1-4 Step right to right side, step left foot beside right, step ¼ turn to the right on right, hitch left leg while making a ¼ turn to the right while bumping left bachata hip ,
- 5-8 Step left to left side, step right foot beside left. Step left to left side, touch right beside left while doing right hip bump.

Begin again.

Contact: 519-928-5256 or 905-279-3371 - cathy.montgomery@millennium1solutions.com