

It's Only 'Cause You're Lonely

COPPER KNOB
BY STEPHEN

拍数: 32

墙数: 1

级数: Beginner - Contra Mixer - Line or Circle

编舞者: Karine Moya (FR) - September 2015

音乐: It's Only 'Cause You're Lonely - Deryl Dodd



Intro : 16 Count

Start position Circle : Face inside the Circle

OR

Start position Circle Contra Mixer : The two lines are facing each other, dancers in staggered row

Section 1 : RIGHT VINE ½ TURN, SCUFF, LEFT VINE ½ TURN, SCUFF

1 2 Step right to the right side, Step left behind right ,
3 4 ¼ Turn right Step right forward, ¼ Turn right Scuff
5 6 Step left to the left side, step right behind left ,
7 8 ¼ Turn left Step left forward, ¼ Turn left Scuff

Section 2 : STEP RIGHT FORWARD , LEFT HOOK BACK & SLAP, STEP LEFT BACK, RIGHT HOOK BACK & SLAP, STEP RIGHT FORWARD , LEFT HOOK BACK & SLAP, STEP LEFT BACK, RIGHT HOOK ACROSS LEFT & SLAP,

1 2 Step right forward, Slap left heel behind right with right hand
3 4 Step left back, Slap right heel behind left with left hand
5 6 Step right forward, Slap left heel behind right with right hand
7 8 Step left back, hook right across left & Slap

Option Easy : Slap your right knee

RESTARTS : Here Walls 4, 7, 9

Section 3 : RIGHT STEP LOCK STEP, SCUFF, (LINKING PARTNERS RIGHT HAND ½ TURNING RIGHT) 1/8 TURN WALK, 1/8 TURN SCUFF, 1/8 TURN WALK, 1/8 TURN SCUFF

1 2 3 4 Step right forward, Lock left behind right, Step right forward, Scuff

Linking Partners Right hand during the ½ Turn (Just for CIRCLE CONTRA MIXER)

5 6 1/8 Turn right Walk, 1/8 Turn right Scuff

7 8 1/8 Turn right Walk, 1/8 Turn right Scuff

Section 4 : , LEFT STEP LOCK STEP, SCUFF, , STEP RIGHT FORWARD, ½ TURN LEFT, RIGHT SIDE POINT, POINT RIGHT BEHIND LEFT & TURN YOUR HEAD TO THE LEFT

1 2 3 4 Step left forward, Lock right behind left, Step left forward, Scuff

5 6 Step right forward, 1/2 Turn left (Weight on left)

7 8 Touch point right to the right side, Point right behind left & Turn your head to the left

Contact : karimo66@orange.fr

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