

Kinda Hot

拍数: 48 墙数: 4 级数: Intermediate
编舞者: Rob Fowler (ES), Dee Musk (UK) & Hayley Musk (UK) - September 2015
音乐: She's Kinda Hot - 5 Seconds of Summer : (Album: She's Kinda Hot - Single)



#16 Count Intro. Approx 8 seconds – [Track approx 3 mins 39 secs – iTunes]

S1: Rock Recover, Ball Step, Heel Twist, Coaster Step, Out Out In Cross.

1,2&3 Rock forward on R, recover weight to L, step R beside L, step forward on L.
&4 Twist both heels L then centre (weight on R).
5&6 Step back on L, step R beside L, step forward on L.
&7&8 Step out R, step out L, step in R, cross L over R. (12 o'clock).

S2: Ball Cross Side, Sailor Step, ¼ Turn R Back Drag, Ball Walk Walk,

&1,2 Step R to R side, cross L over R, step R to R side.
3&4 Cross L behind R, step R to in place, step L in place.
5,6 Make a ¼ turn R stepping back on R, drag L to beside R.
&7,8 Step L beside R, walk forward R, L. (3 o'clock).

S3: Hip Chug ½ Turn, Anticlockwise Hip Roll, Clockwise Hip Roll, Drag, Cross.

1-4 Chug a ½ turn L with Hip Pushes (1/8 turn x 4) touching R toe out to R side whilst rotating on ball of L.
5,6 Roll hips anticlockwise over 2 counts (weight on R).
7,8 Roll hips clockwise on count 7 whilst dragging R to beside L on count 8 (weight on L).
&1 Step R beside L, cross L over R. □ (9 o'clock).

S4: Side, Behind Side, Cross Rock, 1 ¼ Turn.

2,3& Step R to R side, step L behind R, step R to R side.
4,5 Cross rock L over R, recover weight to R.
6-8 Make a ¼ turn L stepping forward on L, make a full turn L stepping back on R and forward on L.

***Optional Steps for counts 7,8 walk forward R, L. □ (6 o'clock).**

S5: Syncopated Rock Steps R & L, Lock Step Back, Coaster ¼ Turn Cross.

1,2& Rock forward on R, recover weight to L, step R beside L.
3,4 Rock forward on L, recover weight to R.
5&6 Step back on L, cross R over L, step back on L.
7&8 Step back on R, step L beside R, make a ¼ turn R cross stepping R over L. (9 o'clock).

S6: Ball Cross Side, Sailor Step, Toe Touches L & R, Rock Recover Drag.

&1,2 Step down on L, cross R over L, step L to L side.
3&4 Cross R behind L, step L in place, step R in place.
5&6 Touch L toe in front of R, step L to L side, touch R toe in front of L.
&7,8 Rock R to R side, recover weight to L, drag R to beside L.

Enjoy

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Last Update – 15th Sept 2015