

Quick Rolling

拍数: 72 墙数: 2 级数: Phrased Advanced
编舞者: Séverine Fillion (FR) - May 2015
音乐: Freight Train - Aaron Watson : (Album: The Underdog)



Intro : 32 counts - SEQUENCE : A – B – B – A – B – B – B – B – A – A

PART A (always facing) 40 counts

A[1-8] HEEL, HOOK, TRIPLE STEP FWD, JUMPING STEPS & TOUCH (FWD & BACK)

1-2 Touch right heel fwd, Hook right cross over left leg
3&4 Triple step right – left – right fwd
&5 Little jump on left diagonally left fwd, touch right next to left
&6 Little jump on right diagonally right back, touch left next to right
&7 Little jump on left diagonally left back, touch right next to left
&8 Little jump on right diagonally right fwd, touch left next to right

A[9-16] JUMP SIDE, STOMP, KICK 1/4 TURN, COASTER STEP, FULL TURN, STOMP, STOMP-UP

&1 Little jump on left to left side, Stomp right next to left
2 ¼ turn right and right Kick fwd 3:00
3&4 Right step back, left next to right, right step fwd
5-6 ½ turn right stepping left back, ½ turn right stepping right fwd
7-8 Stomp left in place, Stomp-up right next to left

A[17-24] HEEL JACK (R & L), STEP 1/2 TURN, STOMP, STOMP

&1 Right step diagonally right back, touch left heel diagonally left fwd
&2 Recover on left, right next to left
&3 Left step diagonally left back, touch right heel diagonally right fwd
&4 Recover on right, left next to right
5-6 Right step fwd, Turn ½ left 9:00
7-8 Stomp right fwd, Stomp left fwd

A[25-32] SCUFF 1/4 TURN, SIDE SCOOT & HITCH, STOMP, HOLD, BALL STOMP, (WALK-WALK-TRIPLE STEP) 1/2 TURNING

1& Scuff right ¼ turning left, side Scoot on left to right side with right hitch
2-3 Stomp right to right, Hold (3) 6:00
&4 Left ball cross behind right, Stomp right cross over left

On next counts 5 to 8, Turn ½ left to ending facing :

5-6 Walk on left, walk on right
7&8 Triple step left – right – left fwd 12:00

A[33-40] VAUDEVILLE, STEP ½ TURN X 2

1&2& Right cross over left, left to left, touch right heel fwd, recover on right next to left
3&4& Left cross over right, right to right, touch left heel fwd, recover on left next to right
5-8 Right step fwd, Turn ½ left, right step fwd, Turn ½ left

PART B – 32 counts

B[1-8] SIDE STOMP, HOLD, SIDE GALLOP, CROSS ROCK FWD, ¼ TURN & TRIPLE FWD

1-2 Stomp right to right, hold
&3&4 Left next to right, right to right, left next to right, right to right
5-6 Rock left cross over right, recover on right
7&8 ¼ turn left and Triple step left – right – left fwd 9:00

B[9-16] TRIPLE ½ TURN, TRIPLE ¼ TURN, CROSS, TOUCH BEHIND & TOUCH HEEL FWD & SIDE

1&2 Triple step right – left – right ½ turning left 3:00
3&4 Triple step left – right – left ¼ turning left 12:00
5-6 Right cross over left, touch left toe behind right
&7-8 Recover on left, touch right heel fwd, touch right heel to right side

B[17-24] ROCK BACK, KICK BALL CROSS, ¼ TURN, ¼ TURN, CROSS ROCK FWD

1-2 Rock back on right, recover on left
3&4 Kick right diagonally right fwd, right next to left, left cross over right
5-6 ¼ turn left stepping right back, ¼ turn left stepping left to left 6:00
7-8 Rock step right cross over left, recover on left

B[25-32] MONTEREY ½ TURN & HOOK, OUT-OUT, IN-CROSS OVER, UNWIND 1/2 TURN, CLAP x2

1-2 Touch right toe to right side, ½ turn right stepping right next to left 12:00
3-4 Touch left toe to left side, Hook left cross behind right leg
&5 Little jump OUT OUT : left to left, right to right
&6 Little jump : left in center, right cross over left
7 Unwind ½ turn left (ending weight on left) 6:00
&8 Clap Clap

Final : Stomp right to right side

ENJOY & SMILE !!
