

# Levels

拍数: 48      墙数: 4      级数: Intermediate  
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音乐: Levels - Nick Jonas



Count in: 8 counts intro - NO TAGS NO RESTARTS

## (1-8) Kick and Touch Side and Slide Touch, Touch Forward Touch Forward, Body Roll Up

1&2      Kick R forward (1), Step R next to left (&), Touch L to left side (2)  
&34      Step L next to right (&), Step big step to right with R (3) Touch L next to right (4)  
5&6&      Touch L forward (5), Step L next to right (&), Touch R forward (6) Step R next to left  
7&8      Place L forward while bending knees (7) Roll Hips up (&) Straighten Knee while finishing the  
roll putting weight on L (8)

## (9-16) Walk Walk, Rock and Cross, ¼ Turn, ¼ Turn, ½ Turn Sweep Behind Side

1 2      Walk R (1), Walk L (2)  
3&4      Rock R forward (3), Recover L (&) Cross R over left (4)  
5 6      Make ¼ turn right stepping L back (5) Make ¼ turn right stepping R forward (6)  
7 8&      Make ½ turn right putting weight onto L while sweeping right around (7) Step R behind left (8)  
Step L to left side (&)

## (17-24) Cross and Cross, Step Out Left Step Out Right, ¼ Turn ¼ Turn ½ Turn Slide Touch

1&2      Cross R over left (1) Step L to left side (&) Cross R over left (2)  
3 4      Step out L and look left (3) Step out R and look right (4)  
5 6      Make ¼ turn left stepping L forward (5) Make ½ turn left stepping R back (6)  
7 8      Make ¼ turn left taking a big step L to left side (7) Touch R to right side (8) (12:00)

## (25-32) Cross Rock Right, Cross Rock Left, Step ½ Turn, Rock Recover

1&2      Cross rock R over left (1), Recover to L (&) Step R next to left (2)  
3&4      Cross rock L over right (3), Recover to R (&) Step L next to right (4)  
5 6      Step R forward (5), Make ½ turn left putting weight L (6) (6:00)  
7 8      Rock R forward (7), Recover to L(8)

## (33-40) Reverse ¾ Paddle Turn, Heel Twist, Coaster Step

1 2      Turn back right ¼ turn touching R to right side (1) Continuing turning back 1/8 turn Touching  
R to right side (2)  
3 4      Continuing turning back 1/8 turn Touching R to right side (3) Continuing turning back ¼ turn  
Touching R to right side (4) (3:00)  
5&6      Step R forward (5) Twist both heels right (&) Bring heels back to center putting weight to L (6)  
7&8      Step R back (7) Step L next to right (&) Step R forward (8)

## (41-48) Step Heel Twist, Cross and Cross, Step Heel Twist, Kick and Kick

1&2      Step L forward (1) Twist both heels left (&) Bring heels back to center putting weight to R (2)  
3&4      Cross L over right (3) Step R to right side (&) Cross L over right (4)  
5&6      Step R forward (5) Twist both heels right (&) Bring heels back to center putting weight to L (6)  
7&8&      Kick R forward (7) Bring R next to left (&) Kick L forward (8) Step L next to right (&)

REPEAT AND ENJOY!!!!