

# Black And White

拍数: 32                      墙数: 2                      级数: Mirror line  
编舞者: Tony Marcantonio (USA) - September 2015  
音乐: Born and Raised In Black and White - Brooks & Dunn



Alt. music:-

How 'Bout Them Cowgirls by George Strait  
Cowgirls Don't Cry by Brooks & Dunn

## S1: ROCK RECOVER, SHUFFLE, TOUCH, TURN ½, SHUFFLE

1-2                      Rock right forward, recover to left  
3&4                      Shuffle back right-left-right  
5-6                      Touch left together, turn ½ left and hitch left  
7&8                      Shuffle forward left-right-left

## S2: ROCK RECOVER, COASTER, STEP PIVOT ½, KICK BALL CHANGE

1-2                      Rock right forward, recover to left  
3&4                      Step right back, step left together, step right forward  
5-6                      Step left forward, turn ½ right (weight to right)  
7&8                      Left kick ball change

## S3: SHUFFLE, ½ TURN, SCUFF, ROCK RECOVER, WALK WALK

1&2                      Shuffle side left-right-left  
3-4                      Turn ½ right and step right side, brush left over right  
5-6                      Cross/rock left over, recover to right  
7-8                      Turn ¼ left and step left forward, step right forward

## S4: HEEL SWITCHES, TOUCH, UNWIND, SAILOR SHUFFLES

1&                      Touch left heel forward, step left together  
2&                      Touch right heel forward, step right together  
3-4                      Touch left back, unwind ¾ left (weight to right)  
5&6                      Left sailor step  
7&8                      Right sailor step

The second wall of the dance is the mirror image of the first half

## M1: ROCK RECOVER, SHUFFLE, TOUCH, TURN ½, SHUFFLE

1-2                      Rock left forward, recover to right  
3&4                      Shuffle back left-right-left  
5-6                      Touch right together, turn ½ right and hitch right  
7&8                      Shuffle forward right-left-right

## M2: ROCK RECOVER, COASTER, STEP PIVOT ½, KICK BALL CHANGE

1-2                      Rock left forward, recover to right  
3&4                      Step left back, step right together, step left forward  
5-6                      Step right forward, turn ½ left (weight to left)  
7&8                      Right kick ball change

## M3: SHUFFLE, ½ TURN, SCUFF, ROCK RECOVER, WALK WALK

1&2                      Shuffle side right-left-right  
3-4                      Turn ½ left and step left side, brush right over left  
5-6                      Cross/rock right over, recover to left  
7-8                      Turn ¼ right and step right forward, step left forward

**M4: HEEL SWITCHES, TOUCH, UNWIND, SAILOR SHUFFLES**

- 1& Touch right heel forward, step right together
- 2& Touch left heel forward, step left together
- 3-4 Touch right back, unwind  $\frac{3}{4}$  right (weight to left)
- 5&6 Right sailor step
- 7&8 Left sailor step

**\*This dance was choreographed in memory of my best friend Brian; so have fun and smile like he would have! \*Remember when you dance...Dance With Attitude!**

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