

Creuse Day

COPPERKNOB
STEPSHEETS

拍数: 32 墙数: 2 级数: Intermediate
编舞者: Thierry SCHMITT (FR) - September 2015
音乐: Make This Day - Zac Brown Band



Or "Eye Candy" - Josh Turner [152 BPM]

HEEL TOUCH, TOE TOUCH, HEEL TOUCH, TOE, ¼ TURN RIGHT, HEEL TOUCH, TOE TOUCH, HEEL TOUCH, TOE, ¼ TURN LEFT

- 1-2 Touch right heel forward, touch right toe back
3&4 Touch right heel forward, Touch right toe next to left instep, step foot forward with ¼ turn to right
5-6 Touch left heel forward, touch left toe back
7&8 Touch left heel forward, Touch left toe next to right instep, step foot forward with ¼ turn to left

TOE TOUCHES, COASTER STEP, TOE TOUCHES, COASTER STEP

- 1-2 Touch right toe forward, touch right toe to side
3&4 Step right foot back, step left foot next to right, step right foot forward
5-6 Touch left toe forward, touch left toe to side
7&8 Step left foot back, step right foot next to left, step left foot forward

PIVOT ½ TURN, KICK BALL CHANGE, TRAVELING LEFT

- 1-2 Step forward onto right foot, pivot ½ turn to left
3&4 Kick right forward, step back on ball of right, slightly lifting left, step down on left
5&6& Cross right foot over left foot , clap, step to left with left foot, clap
7&8& Cross right foot over left foot , clap, step to left with left foot, clap

LEFT HIP SWIVEL, RIGHT HIP SWIVEL, TOE SWITCHES, STEP TOGETHER, RIGHT SIDE TOUCH, STEP TOGETHER, LEFT SIDE TOUCH, STEP TOGETHER, STOMP TWICE, CLAP

- 1-2 Swivel hips and heels left, Swivel hips and heels right,
3&4 Toe swivel to right, right heel swivel to right, step together
5&6& Touch right to right side, step together, Touch left to left side, step together,
7&8 Stomp right, stomp left, clap.

REPEAT

Contact : <http://www.country-holtzheim.com> - country-dance@wanadoo.fr