

# John 3:16

拍数: 32                      墙数: 4                      级数: Intermediate  
编舞者: Bobby Houle (CAN) - September 2015  
音乐: John Cougar, John Deere, John 3:16 - Keith Urban



## [1-8] Heel, Hook, Heel, Touch, Step, Together, Step, Rocking Chair, Step, Together, step

1 & 2 &            right heel forward, hook right over left, right heel forward, Touch Right next to left  
3 & 4                Step right, step left next to right, step right  
5 & 6 &            Rock left forward, back on right, rock left back, back on right  
7 & 8                Step forward left, step right beside left, step left forward

## [9-16] Grind ¼ Turn Right, step back, shuffle ½ Turn Left, Step ¼ Turn Left X2 Touch, Shuffle Right (Slightly diag. Right forward), touch

1 & 2                Grind right heel ¼ turn right, left back, right back (3h)  
3 & 4                Step left ¼ turn left, step right beside left, step forward ¼ turn left (9)  
5 & 6 &            Step right ¼ turn left, Touch left next to right, step forward ¼ turn left, Touch Right beside left (3h)  
7 & 8 &            Shuffle Right-left-right (slightly diag.right ), Touch left next to right

## [17-24] Skate, touch, Skate, Touch, Shuffle Left (Slightly Diag. Left Forward), Cross Rock Step (X2)

1 & 2 &            Left to left (slightly diag.) touch right next to left, right to right (slightly diag), touch left next to right  
3 & 4                Shuffle Left-Right-Left (slightly diag.left)  
5 & 6                Cross Rock right over left, back on left , step right to right 7 & 8 Cross rock left over right, back on right ,step left to left

## [25-32] Step ½ Pivot Turn Left, Step, Full Turn Right, Cross Rock Side, Step Touch (X2)

1 & 2                Step right forward, pivot ½ turn left, right forward (9)  
3-4                 Left behind right ½ turn right, Right forward ½ turn right  
5 & 6                Rock left to left, back on right, cross left over right  
7 & 8 &            Step right to right, Touch left next to right, step left to left, touch right next to left

**Repeat the dance!**

**#1-Restart:** You dance 2 times in full. You are on the 6 o'clock wall. You do the first 16 counts. Replace the touch (left foot) after the shuffle( r-l-r) by a step left next to right and begin from the top

**#2 Tag:** You repeat the dance three times in full. You are on the 12 o'clock wall. You do this sequence

1-6                 Heel, Hook, Heel, Touch, Step Touch (X4)  
1 & 2 &            right heel forward, hook right over left, right heel forward, Touch Right next to left  
3 & 4 &            Step right to right, left touch next to right, step left to left , right touch next to left  
5 & 6 &            Repeat 3 & 4 &

**#3- Restart:** You make the dance 1 time in full . You are on the 9 o'clock wall . You make the first 8 counts and you start again.

Video available on youtube and [www.loneriders.ca](http://www.loneriders.ca)

Happy dance!

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