

# Stop Dreaming

拍数: 24                      墙数: 4                      级数: Beginner waltz  
编舞者: Jan Brookfield (UK) - September 2015  
音乐: When I Stop Dreaming (feat. Dolly Parton) - Don Henley



**NB. Start on main vocals after 16 seconds.**

**Alt. music: Cliff Richard - "When the Girl in your Arms"**

**Or other slow waltz songs of your own choice.**

**Section 1 : ROCK FORWARD, RECOVER, STEP BACK, ROCK BACK, RECOVER, STEP FORWARD**

1,2,3                      Rock forward on R, recover onto L, step back on R  
4,5,6                      Rock back on L, recover forward onto R, step forward on L

**Section 2 : STEP FORWARD, ¼ PIVOT LEFT, CROSS, SIDE ROCK, RECOVER, CROSS**

7,8,9                      Step R forward, making quarter pivot left transfer weight onto L, step R across L  
10,11,12                      Rock L to left side, recover onto R, step L across R

**Section 3 : SWAY x 3, STEP ¼ TURN LEFT, ROCK ¼ TURN LEFT, RECOVER**

13,14,15                      Step R to side swaying hips out to right, sway left, sway right again  
16,17,18                      Making ¼ turn left step L forward, making another ¼ turn left rock R to right side, recover weight onto L (3 o'clock)

**Section 4 : RIGHT TWINKLE, LEFT TWINKLE**

19,20,21                      Step R across in front of L, step L back, step R to side  
22,23,24                      Step L across in front of R, step R back, step L to side

**Options : Use arms throughout for balance and style.**

**Music slows down at the end – you may wish to improvise!**

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